1776

1976

200 Years of Freedom
OUR TOWN
OUR SCHOOL
It's People
Their Dreams
How many people do you think fit into the SHS phone booth? On Oct. 23, 1975, 12 or more people were stuffed in it several times. This feat along with many other good times were the results of the 50's Day sponsored by the Senior class.

A large number of students as well as some of the teachers arrived for homeroom decked out in the duds of the 50's. Greased hair and bright lipstick were in the style of the day.

And that night we bopped and rocked around the clock to the tunes of the Estes Boys band. It was quite a fun filled day.
BEST DANCERS----Don Murray and Monica Jacques
BEST DRESSED-----Frank Corey and Theresa Harding
Every time that I look in the mirror
All these lines in my face getting clearer
The past is gone.
It went by like dusk till dawn
Isn't that the way;
Everybody's got the dues in life to pay.
I know nobody knows.
Where it comes and where it goes.
I know and everybody says
You've got to lose to know how it went
Half my life's in books written pages
Live and learn from fools
and from sages.
You know it's true.
All my feelings come back to you
Sing with me, sing for my years.
Sing for my laughter, sing for my tears.
Sing with me just for today
Maybe tomorrow the good Lord'll
Take you away.
Dream on, dream on, dream on.
Dream until your dreams come true.

"Dream On" by Aerosmith reprinted with permission
Mrs. Frances Barnhart, Sec. to Mr. Burdett

Mr. Robert Burdett
Principal

Biggs  Sec. to Mr. Atkinson

Mr. William Atkinson
Assistant Principal
Miss Linda Bickford, Library Aide

Miss Mary Anne Monti
School Nurse

Mrs. Josette Boisse
Librarian

Mrs. Lucille Paterson, Sec. to Mr. Rochon

Mrs. Gloria Moore, Treas. Assoc. Funds
Mr. Robert Abbiati

Mr. William Robinson

Mr. Warren Williams

Mr. Paul Nutter

Mrs. Nelda Berinato,
Sec. of Voc. Tech. Center Office
Mr. Charles Welch

Mrs. Wanda Pellerin

Mr. Larry Duffy

Mr. George Latham

Mrs. Loretta Spada

Mr. Richard Tyler
Mr. William Wright

Mr. Christopher Frost

Miss Cynthia Godin

Mrs. Beverly Bradley

Mr. Jeffrey Issler
Mrs. Patricia Gray

Mr. David St. Cyr

Mr. Edson Birchard

Mrs. Frances Ladd

Mrs. Elizabeth Fadden

Miss Vella Meisner
Mr. Ray Lesslie

Mr. Oliver Rossi

Mr. Wesley Norris

Mr. Douglas Nadeau

Mr. Roy Buswell

Mr. Lee Moore
Mr. Fred Swan

Miss Christine Martin

Mrs. Elizabeth Carminati

Mr. Eugene Baker

Mr. David Chevalier

Mr. James Atkins
Mrs. Joan Dipple

Miss Gertrude Sinclair

Mr. Richard Flink

Mr. Charles Bohn

Mr. James Dehls

Mrs. Julia LeBlanc
Language Arts

Mrs. Rena LaClair

Mr. Paul Blow

Mrs. Dorotha Gioria

Mrs. Mary Montague

Mr. Glenn Tosi
Mr. Charles Coburn

Miss Marie Ritzo

Miss Mary Marsh

Mr. Curtis Bevington
The Class of 1979 is the largest Freshman class ever to enter Spaulding. Their advisors are headed by Mr. Dave Fisher and also include: Mr. David Craig, Ms. Cynthia Godin, Mr. Max Jenness, Mr. Wade Perkins, Ms. Priscilla Wood and Mr. Fred Swann.

The class was a little slow getting their heads together but finally late in November posters began to spring up around the school announcing their elections. When the ballots had been counted the results were President Ed Gale, Vice-President Patty Marchini, Secretary Nancy Hoag and Treasurer Nancy Pelkey.

This group of officers got together and decided that their first order of business would be to collect class dues. They set $1.50 as the amount and chose a representative from each homeroom to collect it.

The class has yet to plan any other activities, but surely with their size they should be a powerful class in years to come.

This power has already been observed in sports. This class is very athletic minded and seems to have the talent to back it up; witness the amount of freshmen on various Varsity teams this year. They have also established themselves in many other activities, most notably in the Drama and Music departments.

The Class of '79 looks forward to an interesting and exciting year as
WORLD. I AM YOUTH.
THE HOPE OF YOUR DAY,
BEWILDERED, AND YOUNG IN THIS LAND.
I'M SEARCHING YOUR PATHS
FOR A VISION CALLED TRUTH.
GIVE ME YOUR HAND.
DO NOT FOLLOW WHERE THE PATH LEADS. RATHER, GO WHERE THERE IS NO PATH AND LEAVE A TRAIL.
I Never Forget A Face
But In Your Case I Will
I'll Make An Exception

L. Abbiati
C. Anderson
D. Atkinson
N. Austin
T. Badeau
S. Balzanelli
M. Bashaw
D. Bazlute
R. Bearkin
D. Beebe
B. Bell
D. Bell
M. Blouin
P. Bombard
J. Bresett
M. Brooks
R. Cahill
J. Canas
F. Carbonell
R. Carr
A. Chase
M. Colombe
J. Corliss
S. Crawford
J. Donague
D. Dufresne
M. Durana
M. Duranleau
R. Edmunds
J. Emery
L. Erno

D. Florucci
S. Graser
S. Fraser
W. Fraser
D. Gauthier
D. Gehlabach
J. George
R. Gilman
D. Gomo
P. Holmes
T. Hutchins
J. Jones
D. Keenan
K. Knapp
L. LaGue
E. Lambert
R. LaPrad
G. LaRoche
D. Levigne
J. Leavitt
P. Lowry
M. Manning
A. Masi
M. Mayo
C. McAuley
S. Megraeth

G. Megraeth
J. Miana
C. Miller
W. Miller
W. Morse
D. Mura
D. Murray
K. Nichols
R. Parker
D. Payne

K. Rand
G. Rouleau
W. St. John
W. St. Peter
G. Scott
D. Smith
E. Thompson
G. Thompson
L. Thompson

A. Lopez-Escobar
G. Lajeunesse
G. Vitagliana
G. Vitagliano
W. Watker
J. Wheeler
G. Wolfe
IN 1889 THE EIFFEL TOWER IS OPEN FOR BUSINESS:
HALF OF PARIS IS LEGALLY HIGH.
As September approaches, summer's long, lazy days fade and its dreams ride out with the salty tide. Crimson waves begin to splash into view - it is time to start school. Fall brings mixed emotions for S.H.S. students. Freshmen are nervous to enter the big school, but excited to have finally arrived upon the high school scene. Seniors are beginning to realize that this is their last year and although they want to 'get it over with' they also want to make the very most of it.

Fall at Spaulding begins in August with the beginning of football, soccer and field hockey practices. Yes Fall, too, is a time of dreams. Dreams of bringing a state championship home, of having a winning season. It was a time when we witnessed Emily and George's eternal dreams in the Drama Club's tremendous production of Thornton Wilder's OUR TOWN. Our aspiring musicians tested their dreams during a two-way exchange concert with Essex that was both successful and fun, while Friday nights were often spent listening to a more professional brand of music at dances and concerts. And in the Fall twelve SHS senior girls tested their talents and their dreams in the Junior Miss Pageant. Dreams came true in the sporting world, too as the Football team won their first game, the soccer team scored their first goal (after 4 games) and the Field Hockey team made the play-offs. Of course with victory also comes heartbreak as seen in the Field Hockey team's quarterfinal double overtime loss among others.

Fall is a time of vibrant leaves painting the world and dancing gently down to Earth. At about the end of the first marking period many seniors got the long-awaited news - sometimes good, sometimes bad - from the college of their dreams. It was a time of Harvest dinners, pep rallies and parties.

... and the dreams of Fall melt slowly with the first snowflakes of winter.
The marked outline of wooden sticks against the chill autumn air Triumphantly raised to the sky in spirited joy and Thrust against the ground in silent defeat. Sweat molds hand upon stick mind upon mind while cleats chew the stale mud. Vermont trees burn alive with fire and the damp leaves dew on the bench. A team, one unit The Big Red Machine a heart throbbing, pulsing struggling for life. A team, One unit Friendships outlasting run-weary legs Our love will never hit that Last Lap. it'll never run out of Wind. A team, Our Team One Special Unit - Red and Blue; Victorious
BE FIRST! That was our motto. And we were first in many ways. We were the first Spaulding Field Hockey team to have a winning season, the first to play in tournament competition and the first to have official sweatsuits to wear. But we were first in many other ways, too. We were first in spirit, in sportsmanship and in determination. We wanted to win but more than that we wanted to play our best. Our games were not always perfect. We occasionally got a case of the bunchies or forgot the ball or slipped quietly into Lake Erie. We muttered angrily to ourselves when we caused obstruction, high sticks, offside or advancing. We hung our heads and banged our sticks against the ground when our opponents scored and shuffled dejectedly to the bus after a defeat. But all the sweat and work, all the disappointments were worth it every time we scored, every time we carried a victory home with us.

Yes, we were winners and we were first. We started off the season on a good foot with a victory on our home field. Our next four games were played away and we dropped the first two of them in defeat. We quickly got back on the winning streak and ran our record to 5 wins and 2 losses before we lost another game. Although most of our competition was tough, we consistently remained near the top of the league standings.

Our second string was very strong this year. They played against the Junior Varsity teams from other schools and went undefeated. They did tie in one or two games, but they won the rest. They also started the season off well with a 7-0 drubbing of the J.V. team from U-32. This game impressed the coach so much that a few freshmen were stepped up to the first line. At first we worried that this might weaken the second team but they proved us wrong, as they continued to win all season.

Our great season did not come to us on a silver platter, however. Every day at 3 o'clock we climbed aboard the two vans we were provided with and trucked up to Bailey Field. Often only one van would show up and we would have to make a double run. And then there was the day that it did not show up at all. At Bailey we would run our 4 laps - (usually!!) Then co-captains Denise Goodnow and Lori Camire would put us through our calisthenics. Next we would go through any crazy drills M.G. and Nancy Walters could think of. The best part of the day was when we finally got to scrimmage each other. Yes, all our practices paid off.

We not only had a winning season, we had a good time in the process. And there are lots of memorable experiences. We all remember Tuna-breath and Balogna-breath - the times we got off the van one at a time - stealing balls from the other team (not stealing - just finding them!!) Bonnie bringing a volleyball to practice - the demonstration to the school - the Randolph game in the mud - illegal substitution (right Anne?) - Kathy cannot match her socks - Sue forgot her lollipop pants - and what did Denise forget? - Nancy took a free hit for the other team, almost - and the bus almost forgot to bring us to our quarterfinal game (we were planning to walk).

BE FIRST. And we always were. We were a team made up of people - not stars, not numbers. We cared about our team, and our sport. And we never really lost a game.
Self-confidence is the first requisite to great undertakings.
A DREAMER
LIVES FOREVER.

BUT WE'VE ALWAYS DONE IT THIS WAY!
FILL YOUR DAY WITH BRAVERY.
THEN CELEBRATE!
TO ACCOMPLISH GREAT THINGS, WE MUST NOT ONLY ACT, BUT ALSO DREAM, NOT ONLY PLAN, BUT ALSO BELIEVE.
We can do almost anything we want if we stick to it long enough.
VARSITY FOOTBALL


JUNIOR VARSITY FOOTBALL

Row 2: F. Tash, B. Potvin, A. Jones, G. Duranleau, M. Hebert, A. Fantoni.
TOO MUCH OF THE WORLD IS RUN ON THE THEORY THAT YOU DON'T NEED ROAD MANNERS IF YOU ARE A FIVE TON TRUCK.
Those who have done their best,

have lived for all time.

WHERE YOU STUMBLE + FALL
THERE YOU WILL FIND THE GOLD.
VARSITY SOCCER

Row 4: M. Couture, J. Bernassoni, C. Finn, T. Stewart, M. Rousse, N. Conti, M. Miller.

Soccer '75
WET * COLD * MUDDY * These three words could easily be used to describe this year’s Soccer season. If it didn’t rain on game day, the field was wet and muddy from the storm the night before. We often thought of renaming the game ‘Water Polo’ or ‘Mud Ball’. Typical of these weather conditions was the day we scored our first goal—in about 6 inches of water.

Although the untimely rain washed victories from our grasp, our spirits were not drowned. We played each game with heart and enthusiasm.

The team was made up of an English coach and a wide variety of nationalities on the bench. Therefore the games were often willed with temper flairups and spicy language. Nevertheless no one will ever be able to say that we were not a close team, as we were a single unit all striving for the same goal—which we didn’t score too many of! But C'est la vie as they say up in Canada.

We never found each other’s real names terribly interesting so we invented a few nicknames. Among the printable ones were: Joe-Joe, Swamp, Mouse, OOAE, Swivel Ankles, Bondo, Plummer, Animal, Grease and Goon, Dicky and Hollywood.

We finished out the season with a 3 wins and 9 losses record. The Junior Varsity did a little better with a 6-3-2 record. However records can and always will be deceiving. Mr. Freeman and Mr. Chevalier were extremely pleased with the turnout for the soccer team. They had the largest number of candidates to choose from this year than ever before. In fact there were so many that unofficially Spaulding fielded a Freshmen Soccer team this year. Yes, although the season was wet * cold * and muddy - we will always retain warm memories of it.
JUNIOR VARSITY SOCCER
Row 3: J. Baldor, M. Miller, C. Harding.
Row 4: R. Marchini, M. Maurice, T. Huilan, C. Milne.
to err is human. i'm uncomfortable around gods.

THEY CAN BECAUSE THEY THINK THEY CAN.
FRESHMEN SOCCER

CHEERLEADERS. Flying colors cutting through the crisp autumn air peppering it with rustling red and blue taffeta rustles. 'Team Spirit' they call to the avid (and not so avid) fans. With seemingly undying pep the cheerleaders spread their enthusiasm to the crowd game after game. They yell through wet-pasted hair during the dreariest and rainiest of nights and shiver along with the crowd on chilly Vermont November afternoons. Who ran the pep rallies? The Cheerleaders. Who saw that there were always plenty of posters around the school? The Cheerleaders. Yes, Cheerleaders are an integral part of any sports program. They do much more than just stand in front of the crowd looking pretty and making loud noises. And they will continue to send flying streaks of fire through the air at athletic contests.

Ms. Ellen Daly is the cheerleaders advisor. She spends many hours helping the girls perfect their cheers as well as seeing that they are always present at the games. She not only coaches the varsity cheerleaders but the junior varsity girls as well.

This year's varsity squad consisted of Cheryl Chouinard, Bonnie Brown, Karen Fumagalli, Robin Greenough, Becki Minoli, Mary Caccavo, Lori Graf, Donna Raymond, Rhonda Rouleau, Mary bellavance and Marna Mugford.

The Junior Varsity squad consisted of Kathy Booth, Andrea Calcagni, Beth Calderara, Laura Cattelona, Patty Marchini, Michelle Perreault and Rhonda West, and Ann Schmidt.

Remember the great plays of the season, remember the scores and the victories and the celebrations. Remember the spirit and the rhythm, yes - remember the cheerleaders.
WE ARE THE DREAMERS OF DREAMS
WANDERING BY LONE SEA BREAKERS,
AND SITTING BY DESOLATE STREAMS.
END
****** BICENTENIAL ******

Pewter waves pounded against the Virgin shore and the World watched Mankind give birth to America. We have a Heritage as rich as the soil and The People. We look backward into ebony Night of glimmering Stars and Shadows of remembered Dreams. We breathe forward The Wind to our land, America, and our Dreams are The Sun.
In order to belong to the National Honor Society a student must have a grade point average of 3.5. This year the club has 16 members out of the senior class. Although they got off to a relatively late start, they promise to be an busy and exciting club during the year. They elected George Delano as president, Jane Woodruff as vicepresident, Susan Manning as secretary and Roberta Russell as treasurer. Each high school chapter throughout the nation may nominate two candidates for the 1000 dollar National Honor Society scholarship. This scholarship is based on leadership, character, service and academics rather than need and the candidates are selected from the chapter and by the chapter. This year Susan Manning and Michael Rubalcaba were selected to represent Spaulding. We wish them the best of luck.

The club has talked about money making activities in order to give scholarships and to have as many good times as possible. There is the possibility of a spring trip to Mr. Burdett's camp for a day as last year's club did. Ideas mentioned have included a junior high record hop, coat checking at various events and a bazaar and crafts fair. The possibility of tutoring has also been discussed and a bottle drive may be held in conjunction with the Hispanic National Honor Society.

NATIONAL HONOR SOCIETY

FNA

Row 1: D. Perreault, P. Cloutier, P. Longchamp, D. Rogers, J. Beaudouin, K. Bruleigh
Row 2: M. Riddell, C. Watker, L. Gianonni, N. Davis, J. Roberts, L. LaPrade
Row 3: D. Woodworth, K. Flowers, D. Houle, P. Tibbetts, D. Clark, S. Abbiati

The Future Nurses of America was started here at Spaulding for the first time this year under the leadership of Sharon Abbiati, currently president of the chapter. Its other officers include: Karen Flowers - vice president, Mary Riddle - Treasurer and Lisa Gianonni and Donna Woodworth - Advertising. The purpose of this club is to introduce its members to the many fields of nursing through various projects which will be undertaken throughout the course of the year. It is a national organization of which Spaulding is but one chapter.

The money raising projects that they have sponsored to date include a Harvest dinner and a Bottle drive.

More than raising money, however they are concerned with getting involved with community projects in which they can be helpful to others. They made Christmas stockings for the residents of the McFarland House, had a clothes drive for those in the Brandon Training Center and donated Christmas gifts for the children there as well.

In the future they plan to work with the Visiting Nurse Association and do whatever they can to help out.

It is clear that the FNA is a welcome club at Spaulding and has gotten off to a great start. They are an involved group who provide many helpful services, learn their field and have a good time in the process.
Drama Club

Drama Club began the year with the production of the 3-act play "OUR TOWN" by Thornton Wilder. The production was well received, being highly praised in the Times Argus. It seemed an appropriate tribute to a great man who died shortly afterward.

Following the production drama club members occupied their time with the selling of candy to raise money.

Spring's approach heralds the one act play competition sponsored by the drama club. This year 4 one act plays will compete 3 of which are student written. The student playwrights include: Tanya Guatney and Lisa Sorrentino - RAINBOW'S BEND*, Sue Hoag, VOICES* and Theresa McGoff THE CIRCUS. Mary Sawyer will direct the 4th play entitled Duet Masque. Play night is March 4. The winner will go on in competition. Also, awards will be given to the best actor and actress.

This year the officers of the club are Theresa McGoff, Katie Tucker, and Nick Conti. The club plans to go on a trip at the end of the year with funds it has collected.
OUR TOWN

A PLAY

THORNTON

WILDER 1925
STAGE MANAGER — THERESA McGOFF
MRS. GIBBS — JENNIFER ROBERTS
GEORGE GIBBS — TOMMY GOMEZ
REBECCA GIBBS — SHEILA BLAIS
MR. GIBBS — STEVE LONGCHAMP
MRS. WEBB — STEVE SAWYER
EMILY WEBB — JEANNIE BRAULT
WALLY WEBB — ROSS SILBERBERG
MRS. SOAMES — ALISON FORD
SIMON STIMPSON — JULIE THIVIERGE
PROFESSER WILLARD — MARY SAWYER
SI CROWELL — GEORGE HUNT
HOWIE NEWSOME — JON NOYES
MRS. NEWSOME — KATHY SCRIZZI
JOE CROWELL — GEORGE HUNT.
BASEBALL PLAYERS — NICK CONTI
JIM WOODWORTH
SANDY CONTI
LOUISA CRAIG — DONNA RAYMOND
JOE STODDARD — CRAIG ROGERS
WOMAN IN THE AUDIENCE — NANCY HUNT
WOMAN IN THE AUDIENCE — DONNA RAYMOND
MAN IN THE AUDIENCE — NICK CONTI
MR. FOSTER — NICK CONTI
MRS. FOSTER — PATTI SCRIZZI
CONSTABLE WARREN — KERRY CLAFFY
DEAD PEOPLE — NANCY HUNT
NICK CONTI
JIM WOODWORTH
LAURA BRAULT
MEMBER OF THE CHOIR — TOM CONTI
MEMBERS OF THE WEDDING — LAURA BRAULT
KAREN NUISSEL
ASST STAGE MANAGERS — KATHI SCRIZZI
PATTI SCRIZZI
Christmas Concert Presented
December 16

CHRISTMAS! Excited little children
home baked goodies - the intoxicating smell
of Christmas pines and the twinkling lights
and merry stars that give character to
evergreen trees - packages piled high in
spectacular hues - frozen snow on shiny
chilled winter nights - warm, cheery light and
airy caroles. Yes Christmas is music. On the
first Christmas, the Christ child was heralded
in by the joyous songs of angels and to this
day one of the first and best memories of any
Christmas is its music.

On Tuesday, December 16 at 7:30 p.m. in
the spaulding a warm Christmas crowd was
treated to the music of Spaulding's band,
orchestra and chorus and chorale. This same
performance was repeated twice during
school hours for the benefit of students and
faculty.

The band, under the direction of Stan Flink
presented three numbers. The first two,
THREE CHRISTMAS CAROLS* BY Hulst
and CHRISTMAS IN BRASS* BY Uber were
arranged especially for brass while the third,
SUITE OF CAROLS BY Leroy Anderson
was arranged for the woodwind section of the
band.

Directed by Mrs. Julia Leblanc five
numbers. They included: SLEIGH RIDE* by
Leroy Anderson, SLEIGH RIDE by Mozart,
MUSICAL CLOCK by Haydn, SILHOUETTE
OF TARA by Sterner and CHRISTMAS
MUSIC FOR THE ORCHESTRA by Lacavas

The Chorale presented IN DULCI JUBILE
by Bustelude and LAND TO NATIVITY by
Nexprighi with a solo by Ann Hutchins.

As was the Chorale, the Chorus was
directed by Jim Dehls and they sang
CHRISTMAS LULLABY by Brahms and
THE NIGHT BEFORE CHRISTMAS by
Fred Warings.

The concert was greatly enjoyed by all who
attended it. Among the audience at one
performance were two high school girls
visiting from Denmark. They were thrilled
with the music and remarked that 'you would
never hear music that good on the high school
level in Denmark.'
The night air encircles me
And overwhelms me with its serenity.
I turn and
Wander down the snowcapped road,
My footsteps muffled by the
glittering sugar.
Oh, quiet, peaceful night,
The season is borne in on your silent wings,
And I feel it within my own soul.
This is the first time I have felt
Christmas, truly the spirit
is here.
And I walk further down the twinkling road
And hum a favorite carol
to the white crowned trees and
smiling moon.

Susan Sanderson '76

Hanging
crystal-lighted ornaments
our pretty festive tree
Laughing
stares and giggles
Silly
Christmas carols
Eating Christmas cake.
Wide brown eyes
glazed with excitement
Foil-wrapped packages
Lay them near the nativity scene.
'Shall we sleep tonight, little sister?
I'll wake you when Santa comes.'
Bright, serious eyes
Look from a dreaming face.
"There's no Santa Claus, silly."

It happened.

My eyes cried;
the innocent story gone.

Lisa Sorrentino '76
IT IS NOT
HOW MUCH WE HAVE BUT HOW MUCH WE
ENJOY THAT MAKES HAPPINESS

CHRISTMAS
IN NATURAL FOODS.
This was the theme of this
year’s Christmas faculty tea. It
was planned and sponsored by the
school’s home economics department. It was
held on Thursday December 18, as a open house
type of affair where teachers could wander in and out at
will. According to one teacher, nearly all of the faculty and
staff attended at one time or another. Delicious refreshments
were served including: various cheeses and dips, a hot and a cold
punch, cranberry, date nut and other such breads and many other
creations in natural foods. At many points during the afternoon the
room became so crowded it was impossible to see from one end of the
room to the other. This is an annual occasion and judging from its enthusiastic
response it will be repeated for many years to come. The room was decorated in
the true spirit of the season with a special Christmas tree bedecked with
ornaments handmade by various home ec classes. While inside the warmth of
Christmas
filled the
room, out
side cold
December
winds blew.
Seagull...
    with wings dipped in
    Heaven's White Ink
You paint
    Beauty
    across the sky and
    Dreams
    into the hearts of men
And,
    with Strength
    Soft as Snow...
     ........You Fly.........

FOR ALL THE SENIORS
You must go
For your time here
    is at an end.
I am glad to see
You go and
    make something
    of yourselves.
Yet I will miss
You all
    Very Much.
For I must stay
here, and
DREAM ON.
Alison Murray '78

High school -
each year an experience
and everywhere something new.
Entrance into it means
    new goals,
    new faces,
    new ideals.
How close we become attached - even though it's just a place
    a record,
    a small, tiny part of a lifetime.
- but it's growing up.
- the biggest phase so far.
And to many its the hardest.
To the rest it's the last.
but it's like they say:
"You don't know what you've got
'til it's gone."
    Shawn MacDuff '76

Every tree grows taller,
    Every life grows shorter.
I look at you and smile, but the clouds
    slip out your tears.

Every day changes,
    but they look all the same.
i want to say too much,
    but time has passed so fast.
As every life encircles your smiles
    and tears,
Remember, i am always there,
to take with you,
    the changing life we live.
Vicky Camire '79
The snow begins to fall. The yard is crowded with cars, people, and trees. Any other time of the year they are just ordinary spruce trees, but today they become Christmas Trees. Voices hover on the fragrant air, children giggle, and the trees whisper as they brush the ground on the way to the car. The brisk morning air paints noses and cheeks bright red, and shows its opposition to warm air by turning it white when they meet. A lady approaches me, looking for her perfect tree. I hold up one after another, awaiting her approval, doubting that I will ever get it.

“Oh, here’s a nice one, please hold this one up. Well, this is nice but... Oh, that tall one over there looks - no the top isn’t good. How about this one? Its nice, don’t you think Ed... Ed! Where are you?”

“Right here.”

“Don’t you like this tree? No wait. I guess the other one is better. How do you think that will be?”

“Good”

“Oh, Ed, you’re such a big help. We’ll take this one... or maybe that one. Which one is best Ed?”

“The tall one”

“He doesn’t know a good tree when he sees one. A typical man. We’ll take the shorter one. Ed, take the tree to the car. Here’s your money. Good luck with your sales.”

“Sure. Thank you and Merry Christmas.” I emit a small sigh and look around for my next customer.

Betty-Jean Eastman '76
Hi There!!! Cutie?

Today I have grown taller
for I have walked amongst the trees.
Bicentennial moments at SHS

"Old battle axe is a-coming!"
- clear out the bathrooms.

Mr. A. Wants You!

Another Rule!

Where? Where!!!

Hey! Guys & Gals there's a party at...
1140 Main St.
7:30 PM to 7:30

"Oops! Wrong tree."
BACKSTAGE. Isn't that always where it all begins? Sometime in early November the Dramatic Arts and Oral English classes, under the instruction of Ms. Illene Sinclair began to look for short Christmas plays suitable for grade school audiences. Soon each class had found its perfect play and rehearsals were underway. For the next month the classes met in the auditorium rather than in the usual classrooms as the plays were discussed, cast, blocked and rehearsed, rehearsed, rehearsed. Each member of the class had either an active role in the play or else a job backstage and in some cases; both. The invitation was out and on December 15th children from Ayers Street School would trapse across the street for an afternoon of Christmas fantasies. As the date got closer, the tension and excitement built. Kids ran frantically around backstage trying to remember their lines and find their costumes and prompt a friend all at once. Finally the day arrived. Those involved in the plays got out of classes after 1J mods and hurried down to the auditorium to ready themselves.

...Yes the hour had finally arrived. First came the production of THE CHRISTMAS DREAM a story written by Theresa McGoff and turned into a play by the whole Dramatics class. The play was received with delight and genuine enthusiasm by the young audience. The cast of this play then mingled with the youngsters to enjoy the Oral English class' production of CHRISTMAS IN THE FOREST. This play enjoyed the same warm reception as the first. It was a worthwhile afternoon, thoroughly enjoyed by all.
CAST:

Narrator  Sue Hoag  Teddy Bear  Slyv Gaboriault
Santa Claus  Gus Flowers  Gates  Carol Hatch
Nuttiekins  Denise Campbell  Angel  Cheryl Chouinard
Wollypog  Cathy Barnhart  Children  Denise Campbell
Dream Council  Sue Sanderson  Randy McKnight  Cathy Barnhart
Dream Master  Theresa McGoff  Carol Hatch
Grinch  Kerry Claffey  Cheryl Chouinard
Mother's Voice  L. Jorgenson  Lighting  Kerry Claffey
Dasa  Jerry Poulin  Stage Crew  Cast
His Mother  Ann Lajeunesse  Director  Illene Sinclair
Christmas in the Forest

- Old Tommy: Todd
- Little Tommy: Sue
- Owl: Lisa
- Magic Fiddler: Scott
- Mrs. Dorsett: Nancy
- Mother Nature: Erika
- Snowbird: Sharon
- Sally Skunk: Sheila
- Rocky Raccoon: Jim
- Bunnies: Mamma Babies
  - Kim
  - Joy
  - Karin
- Big Bear: Peter
- Christmas Tree: There
- Santa Claus: Ann
- Elf: Mary
- Key: Gino
SMILING IS CONTAGIOUS  FROWNING IS OUTRAGIOUS.

CHILDREN ARE THE WORLD'S MOST VALUABLE RESOURCE AND ITS BEST HOPE FOR THE FUTURE.
Christmas Ball

On Dec. 21, 1975, from 8:00 to 12:00, The Patroon Hill, Saran Band entertained a spirited crowd at the AUD. This annual STUDENT COUNCIL sponsored event was greatly enjoyed by all.
Merry Christmas

The fresh, pungent fragrance of spruce trees
Mingles with the silently swirling snowflakes
Drifting softly, lazily downward
For little children to catch upon their tongues.

Bright red mittens worn on pudgy hands,
Miniature adults tugged along through a
Kaleidoscope world of glitter,
Frosty breath wreathing their heads with misty halos.

The subdued echo of carollers
Rises upon the still evening air;
An atmosphere of tranquility
Settles upon the weary breast of the earth.

- Diane Gagnon '77
Creative writing class

The Plow

Almost fruitlessly did he push
The bleached white snow,
So wet, so heavy,
As if Atlas should be pushing
Instead of him.

The wheels start to spin,
Then they catch,
And he is hurled backward
Into the path he has cleared for himself.

He is now on the road
Where the larger and taller have cleaned.
Bigger are they,
Yet never could they be so valiant.
Where they need salt and sand,
He treads on bare snow.

And then he starts down the hill;
His blinking yellow light
Fading dimly in the thick, hoary air.

- Michael Rubalcaba '76
Creative writing class

Like a garment
nighttime wraps
its chilling self about me.
I am lost in the frosted
depths of dry brown
once lime-colored grasses.
The new face of an eclipsed moon
sharpens the outlines of
dark night clouds
and sparks a spray of
silver stars.

- Tamara Tomasini '76
Creative writing class
AT LAST! SPAULDING NOW HAS A RADIO COMMUNICATIONS CLUB!...For years many other high schools throughout the country have had their own radio stations with their own students as its disc jockeys and broadcasters as operators. This is the ultimate goal of the Radio and Communications club at Spaulding. Never in the past have we had such a club, perhaps because we never had the right person to get it started. Last spring Monica Jacques under the direction of Mr. Bevington inquired about the possibilities of such a club and this fall it got underway. A school the size of Spaulding should have ways to communicate with all of its members as well as the outside communities. True, we have the Sentinel and Our Echo, but it is important to involve all aspects of the media if it is at all possible.

In order for Spaulding to set up its own radio station, it must first raise a heck-of-a-lot of money, which is what this years group is trying to do. They held a successful food sale which netted them 32 dollars. They also had a Harvest Dinner which pulled in 6 dollars. The food was good but - it was a joke - it failed due to a lack of preparation and advertising time. They have many other fundraising activities planned. It is a worthwhile project which would welcome new members and/or donations to its funds.

Another step in the process of securing a station is getting licensed by the FCC. They have written a letter to them explaining the clubs plans.

They have visited the WDEV station and begun reading the announcements over the public address each morning. Members plan to visit and talk in Boston and try to get their third class operators license. They've also sent a tape to WSNL.

Among the tentative plans for their future are a dance at Spaulding and one at Barre Town, and a Las Vegas Night. This is an exciting new club and we hope it is able to reach its goals in the very near future.
The Spanish Club has always been one of the more active clubs at Spaulding and the 75-76 school year was no exception. Under the guidance of Mrs. Mary Montague this group has planned and seen through a number of activities. They netted a total of 2 hundred dollars on their candy bar sale which they held in October and November. Nearly the whole school has memories of businessmen Michael Rubalcaba and Michael Schini as well as all the other members pushing their wares during classes, study halls, lunch mods and any other spare minute that they happened to have. The bars were good though and hit the spot in many a boring class. It definitely was a successful endeavor. In December they had a Christmas party that was enjoyed by all. As they broke the pinata it brought back memories of their pinata two years ago that was so well made no one could break it - so they had to end up smashing it against the floor. They also talked about Christmas customs in Spanish speaking countries and exchanged homemade gifts. Keeping up with an annual event they went Christmas caroling and sang many of the caroles in Spanish - a special treat to the Spanish speaking people in Barre. They also plan to have their annual Tasting Supper in conjunction with the French club and their third annual pickle sale - an event that never seems to go sour -! The Spanish club certainly is active, and they hope to have a scholarship to give for their efforts. We wish them the best of everything.
LA SOCIEDAD HONORARIA HISPANICA

Por la noche del 30 de septiembre la Sociedad Honoraria Hispanica tuvo su segunda inicacion anual en la cafetería de Spaulding High School. Susana Hoag empezó la ceremonia con una historia corta del capítulo 'Cervantes' de Spaulding y de la Sociedad enterra. El presidente, Miguel Rubalcaba y la secretaria, Maria Miana continuaron el programa. Miguel les dijo a los miembros nuevos las esperanzas y los ideales de la Sociedad mientras que Maria les dijo el lema y los colores de la Sociedad. Durante la ceremonia la madre vel de la Sociedad ardía. Esta vela simboliza el espíritu de la Sociedad. Los miembros nuevos encendieron sus velas por la madre vela.

Al fin de la ceremonia los miembros nuevos y antiguos repitieron el juramento de la Sociedad. Entonces los miembros recibieron certificados y los miembros antiguos les dieron la bienvenida. Refrescos deliciosos servidos después.

La Señora Montague es la consejera del capítulo Cervantes de la Sociedad Honoraria Hispanica, que se fundó en 1974. Para ser miembro de la Sociedad Honoraria Hispanica hay que recibir por lo menos dos A y una B sucesivas por cada semestre en los estudios de la lengua Española.
The French Club, as always, has planned a very busy year. Their goal is to promote both the language and culture of French speaking countries. They are also interested in spurring students interest in any foreign language which can be seen by their involvement with the Spanish Club in the annual French-Spanish tasting supper which will be held in March. This event is filled the gaiety, splendor, friendliness and good food of both cultures.

Another aim of the club is to raise money. The purpose of this is twofold: to have money for club activities and to give a scholarship to a deserving student of French. In order to accomplish this they have held a food sale, a French Fry sale (very appropriate), and a car wash. They will continue with an M&M sale in February. On the lighter side of things they have held a very enjoyable Christmas party for all their members. The French Club is a hardworking club and a worthwhile one to belong to.
...It is highly likely that a vast majority of the student body will become homemakers at some point of their lives. An interested group of such students belong to the Future Homemakers of America club which has the members of the home economics department for its advisors and Ann Maurice as its president. This is a busy club, trying to prepare themselves for an involved and rewarding career as homemakers. They also explore the possibilities of careers in fields related to home economics. So far this year they have held a food sale, and sold lightbulbs to raise money. They had a drive for a Thanksgiving Food Basket, gave a Valentines party to the disabled children at the Hedding Methodist church, as well as having an exchange supper with the Williamstown chapter of FHA. For pure enjoyment they had a pizza party and a sliding. Upcoming spring events will include a car wash, a bottle drive and a trip to New York. This will involve an exchange with a New York chapter of FHA.

L-R 1st Row: Mrs. Pellerin, Donna Rogers, Miss Wood, Mrs. Plummer
2nd Row: Tammy Oulette (V. Pres.) Lori Erno, Lourie Wagner, Gail Waples,
3rd Row: Ruth Thomas Martha Pellerin, Linda Otis, Jean Dukette,
4th Row: Cindy Maurice (Sec.) Anne Maurice (Pres.) Kelly Goodnow,
Gaila Wagner,
the sun will go on shining
the rain will go on falling
and always the memory of Spaulding will
guide our lives.

We've rolled up with the Tide and down
with it: but the pride shines brightly
over the darkness singing Glory to Spaulding

The Crimson Tide will flow forever,
unselfishly giving its mind, experience,
laughs and tears to us fortunate enough to
take the gift.

We are a united body, learning from a
teacher no other can compare to:
We are students at Spaulding and
proud to be a part of her togetherness.

Yes, Glory to Spaulding
Your spirit will live forever in
the hearts of those who have shared you.
Patty Lund '76

You can never find the answers to life’s questions
until you realize that there are none.

You will never begin to know anything
Until you realize that you know nothing.
Slyv '76

THE MACHINE
An accelerating frenzy of garbage truck refuse
Metallically gleams from its towering height
And criptically asks,
"What is your occupation?"

I in my shockproof rubber boots,
Boldly step backward and
Jovially reply,
"I am a woman."

"I did not ask," he replies
With a metallic twang,
"What are you. I asked ."

"Oh, you want to know what
I am." I finally begin to
Understand.
(Of course, the electric currents
Running through me do help)
"I am a born writer," I reply.

In the midst of the laughing tears,
He dissolves, accompanied by the applause
Of silence rendered by the rubber boots
Which stand emptily beside me.
Theresa McGoff '76
There is so much I can say,
yet still so little I could mean.
Yesterday when the frost fell on my back,
i thought sure I would find the melting
warmth of today.
but where it is, I am still in search.
Friends are building snowmen on my
eyes of tomorrow,
you are skating on my smile.
The sun will come as soon as you realize,
my smile can't hold forever.
Vicky Camire '79

Yet I keep trying.
Slyv '76

Visions in Winter
Seeing faces smiling softly.
Watching and counting the millions
of snowflakes
Believe what you want to.
Use great imagination,
See into your life.
Dream.
Let the snow fall
Down
Down
Down.
Lori Camire '76

i'm tired and the music just keeps sliding
making everything so slippery that I can't stop
and the knowing grins hide the neon signs turning
disneyworld into a nightmare coney island that pulls
me down until at last Sunshine takes my
hand and the rain stops letting me feel the
cool sweet grass beneath my feet, letting
me breathe in harmonic rhythms that
surround the earth in soundful silence
to vibrate in the syncopation of nature
which thrives upon the cloudfully clear
blue sky and the warm golden earth
both of which meet at the horizon
as immortal lovers forever together
until Sunshine leaves me
taking his golden gaze from my
cloudful blue smile as the
raindrops fall from the earth
for the sky, from the sky for
the earth to make a petal blossom,
the flower of love
Theresa McGoff '76
YOUR MOVE...This year the SHS Chess club got off to a rather late start but once they got on the boards, they were really hopping. They played their first tournament against St. Johnsbury Academy which proved to be a good battle for all. In order to win a seat on the club's competitive team a student must first win in the club tournament. This tournament is a good training program in which the champs get in shape for matches against other schools. A tournament with rival Montpelier is always an eagerly anticipated event which, according to one member is an easy match, "...we usually whomp 'em...". Also on the agenda is a possible three way match between Spaulding, Montpelier and St. Johnsbury. New members are welcome at any time.

CHECKMATE...GOTCHA YA!

Chess Club
Row 1: D. Kane, M. Rubalcaba, D. Jamele
Row 2: M. Gagne, C. Fukuda
With 31 members and 8 hundred dollars in its treasury, this year's student council was apparently off to a good start. It is run by officers: Shawn MacDuff, Pres., Sue Bugbee, Vice-pres., Sue Manning, Secretary and Chris Fukuda, Treasurer.

The Student Council ran the concession stand at the football games this year and - did you notice its been painted? They also ran the annual Frosh Reception and Initiation which, as usual, succeeded in intimidating the poor, innocent little freshmen but otherwise was a good time. The Christmas Ball was held at the Auditorium for the first time in four years which provided a much bigger dance floor.

For the Bicentennial the Council is purchasing a tree on Main St. with a plaque on it. 2 hundred dollars will be donated to Camp Daybreak as well.

Probably the greatest project any SHS Student Council has ever undertaken will get underway this year as they tackle the painting of the school's cafeteria. They'd also like to fix the jukebox, buy picnic tables for the school yard, and possibly contribute towards the purchase of new curtains for the stage. They hope also to sponsor a Donkey Basketball game and a Winter Carnival. Hopefully they have not bitten off more than they can chew - to quote an old cliche - and they will be able to successfully complete all of these worthwhile projects. If they have enough money come June they also hope to award scholarships to deserving seniors.

The Council succeeds because of the people behind it. They are always open for new ideas and new ways to help or enrich the student life at Spaulding. They have helped bring an Open Door student to SHS for the second semester who will stay with Monica Jacques. We hope that Angela likes Spaulding as much as we all do. - or maybe more ...!
another day...
THE CLASS OF 1978 started the year off with a bang as they elected their officers. Leading the pack is Michele Perreault chosen as President, followed by Mary Bellavance as Vice President and rounded out with Lisa Laliberte, Secretary and Rhonda West, Treasurer. With these officers and advisors: Mr. James Burt, Chairman, Paul Blow, Betty Fadden, Jeffrey Issler, David Lamarre, Christine Martin and Jan Plummer they’ve started a few money raising projects. It seems they plan this year to be rather passive in anticipation for next year when they finally will attain the label of upperclassmen.

They successfully held a candy sale and a bake sale in the fall. Two more candy sales are forthcoming. (I wonder if these kids get fed at home -?).

According to President Michele they hope to have a car wash in the spring. The possibility of a dance often pops into the discussion at class meetings as well.

Sophomores dominate the junior varsity squads in nearly all sports. Some of the more athletically inclined class members compete on the varsity. In suture ways the class of '78 has made themselves noticed quietly surging into nearly every club and activity in school and around the community.

We wish the class the best of everything in the years ahead.
Once you've missed the first buttonhole,
you'll never manage to button up.
YOU THINK FUNNY

K. Driscoll
M. Dubuc
S. Ducharme
R. Dukette
D. Duncan
F. Dupre
A. Duprey
D. Duprey
G. Duranleau
B. Eastman
A. Fantoni
W. Fassett
T. Field
M. Finch
P. Flood
C. Ford
D. Fortier
TIME FLIES
SUN RISES
SHADOWS FALL
LET TIME GO BY
LOVE IS FOREVER OVER ALL.
CLASS OFFICERS: M. Perreault, Pres. (back row).
front row: M. Bellavance, V. Pres.; R. West, Tres. missing; L. LaLiberte, Sec.
THERE ARE TWO WAYS OF SPREADING THE LIGHT:
TO BE THE CANDLE
OR THE MIRROR THAT REFLECTS IT.
Laff everytime you feel tickled and

Laff once in a while anyhow.
L. Cotnoir

J. Kronjaeger

Other Class Members

H. Archer
B. Ashley
R. Austin
E. Badeau
G. Badeau
D. Baril
R. Batchelder
L. Beach
P. Beaudin
R. Belding
G. Blodgett
M. Boisvert
P. Bressette
W. Brooks
D. Bubar
R. Bullard
J. Butterfield
C. Campbell
J. Casey
S. Cayia
M. Chouinard
R. Codling
J. Comstock
J. Corrigan
K. Corrigan
K. Crete
S. Cummings
P. Duff
B. Duke
J. Eastman
J. Ellis
M. Ellis
B. Fisher
S. Fitzgerald
C. Florucci
T. Fortier
W. Gauthier

M. Beaudin

S. Gregoire
W. Guy
R. Hayford
E. Haynes
C. Henry
J. Herbert
P. Hood
R. Hutchinson
J. Johnson
P. LaForest
D. Laird
T. Langley
G. Loati
R. Marchini
T. Martin
R. Masson
G. Matott
C. Maurice
L. McNally
T. Merrill
R. Moreau
R. Nutbrown
S. Osborne
M. Perrigo
C. Poulin
P. Riendeau
W. Robbins
R. Roberts
L. Robinson
R. Ruel
S. Samson
R. Sanborn
D. Santamore
P. Sherlock
T. Sutton
A. Tempesta
B. Thayer
E. Valley
D.Walker
C. Willard
P. Wilson

S. Gerald

D. Smith

C. Vallier

D. Armstrong

D. Holmes
THE ROAD TO SUCCESS IS MARKED WITH TEMPTING PARKING PLACES.

MAY ALL YOUR DAYS BE CIRCUS DAYS.
No great things are created suddenly.
Being in the class of 1977 means being a Junior, and being a Junior means being called an upperclassman. This Year the Junior class is headed up by a group of responsible officers in Grace Kelly, President; Erika Johnson, Vice President; Judie John, Secretary and Chuck Finn, Treasurer. They are also helped out and advised by their faculty advisors who include: Charles Welch, chairman; Gene Baker, Wanda Pellerin, Laura Spada, Wesley Norris, Janet Shadroui and Glenn Tosi.

This class has been one of the busiest classes in the school, as they have both held and planned many activities. As with all classes, the major concern is making money. One of the first methods of raising funds is through class dues. In order to encourage more juniors to pay their dues the class has instituted a **BLACKLIST**. This list singles out those who have not paid their dues and denies them the privilege of attending the Junior Prom in the spring, should they neglect to pay up.

The class joined with the Senior class in preparing a Holiday Dinner during December. The main course was roast beef and ham. Although there were a few minor mishaps, the dinner was thoroughly enjoyed by all those who attended.

In honor of and out of respect for one of Barre’s leading citizens the class donated 100 dollars to the Robert Camire Memorial Scholarship Fund.

In the fall they planned an extravagant fashion show which will be held in the spring. But, of course, the biggest project to any Junior Class is the Junior Prom. Karen Flowers is in charge of organizing the gala event. A good many juniors would like to see **ADAM** as the band, but other possibilities are being looked into as well. The date for the prom has been set for the first Saturday in May. It promises to be an enjoyable evening for all who attend.

We would like to wish the Junior Class the best of luck in all they do and to remind them that their graduation is just around the corner, so we hope that they make the most of their remaining days at Spaulding.
CLASS OFFICERS: PRES., GRACE KELLY; VICE PRES., ERICA JOHNSON; FRONT ROW: JUDIE JOHN; SECRETARY, CHUCK FINN; TREASURER
I'LL SET MY SAIL TO A NEW HORIZON.
graduation

Remember the sand castles
we strove
to create in perfection.
They were never quite perfect
The timeless sea
with its endless waves
carried them away.
I recall that once
the sea stole my pail
one of my favorites
It was full of beautiful shells.
And now that sea is after me.
Those precious years
when I was building castles
must remain an everlasting memory
For I am now those sand castles
about to be plunged,
into the vast sea.

Tamy Tomasini '76

STUDY HALL
Empty heads
Washed out eyes so bored
so bored with life
and dreams not
coming true and hopes
pushed away
bored with dispair
and gloom and new
songs and old
bored with styles and
friends and enemies
wars and drugs and other
socio
economic
problems
Empty heads
bored with this last
study hall of the day.
Sue Hoag '76
Run Free Stallion
Hi
Its been a long time since I've seen you.
Longer since I've heard your voice.
I miss the laughter.
I miss your stallion ways,
Free.

When I sit alone some nights
I remember the rain, the sun,
the snow, the wind, the sleet.
How we ventured days and nights
To find ourselves.

Could it be that we found ourselves
And lost each other?
Lori Camire '76.

THE DANCE

Bourres
  raindropping across
the warn wooden floor
opening to the sky
tearing away clouds
Searching
  for the Sun.
Then soft plie, bowing within the radiance
deeper
deeper
crouching for the bounce
jete spring through immobile air
soaring,
reaching the Night
curling chainees
amongst the stars
and waltz circles
Around
  the Moon.
and when the curtain closes your entire being aches
from your Song,
Your performance
Your Gift.
Sue Hoag '76

Sunshine faces,
  smiling away.
Not being able to understand this
track of time i'm on.
Maybe tomorrow,
  the clouds which cover my thoughts will,
smile away.
sunshine faces,
  smile my way.
Vicky Camire '79

THE TWO PEOPLE

Two people
In an empty room
I one and
You the other
I cried for you
You turned away
And the room
A silent spectator
Shed a nonexistent tear
for the
Two people
In an empty room
I one and
You the other
Lost.
Lesley Jorgensen '77

WORLD
Kind of alone in the world
the bird soars,
Kind of alone in the world
the flower grows,
Kind of alone in the world
the butterfly flies,
Kind of alone in the world
am I.
Music is the occasion.
by Diane Gagnon

Essex High School orchestra members recently joined Spaulding orchestra people in presenting an exchange concert at SHS.

Conducted alternately by Mr. John Prestone of Essex and Mrs. Julia LeBlanc of Spaulding, the group played five selections, with a fiddle solo by Melody Morin of SHS.

The violin solo in Vivaldi's *Four Seasons* was executed by Alan Krizan of Essex. Clarinet solos in Percy Faith's *Swedish Rhapsody* were performed by Steve Sawyer of Spaulding and Lewis Racht of Essex.

Beethoven's *First Symphony*, Offenbach's *Ballet Parisian* and *Silhouette of Tara*, rounded out the program.

A parallel concert was hosted by Essex on November 20 and 21.
If a man does not keep pace with his companions, perhaps it is because he hears a different drummer.

Let him step to the music he hears however measured or far away.

Thoreau
CHORUS

CHORALE

WINOOSKI VALLEY ORCHESTRA

Back Row: M. Dandurand, M. Morin, J. Duprey, D. Thompson, R. Davis, W. Rancourt, L. Roberts

WINOOSKI VALLEY BAND

I'D LIKE TO PLAY A TUNE OF HOPE
SING FREEDOM FROM MY TOES
BLEND NOTES AND HUES AND JAZZ AND 'BLUES
AND DANCE IT AS IT GROWS.
Stage Band
Row 1: S. Miller, P. Pirie, L. Jorgenson, L. Wade, C. Finn
missing: J. Morale

Pep Band
Row 1: L. Wade, J. Rochon
Row 3: K. Claffy, S. Longchamp, G. Delano, R. Flink missing: J. Morale
And the band played on...
WINTER IN VERMONT... What does it make you think of? - Temperatures well below zero - skiing at its best - frosted blue outdoor skating rinks that send you home for a scalding mugful of sweet hot chocolate - snowflakes cascading from the sky, no two alike, so soft to touch - little children sliding on weather beaten sleds with shiny red apple cheeks and sparkling eyes - babies bundled with so many layers they can hardly move - days when every school in the nearby outer world gets the day off, but not SHS - the Stowe winter carnival, a real extravaganza and its counterparts in nearly every town throughout the state - the Innsbruck flu and the excitement of the Winter Olympics - all sorts of forms and applications for seniors to fill out for colleges and financial aid - underclassmen registering for next year - the merry tunes of music, art shows, movies, poetry readings in dark and quiet coffee houses - smooching in front of an orange-blazed fire - midyear marks - toboganning - ice fishing - rehearsing for one-act plays - St. Junior Miss - and the world of sports opens a sizzling and exciting new season - wrestling matches, rifle meets, bowling tourneys, ski meets, girls and boys basketball games, hockey games - yes, its been a profitable and exciting winter sports season at Spaulding, just listen to the exhuberance of the cheerleaders.
Motto for the Season:
"Eat, drink, and be merry."
or was it "eat, drink, and drive carefully"?
No, it was "eat, drink, and take care of your legs."
It was probably "eat, drink, but don't let Sammy catch you."
Oh, but the boys are so sweet, did you ever see so many empty sugar packets in Lum's ashtrays after a tide invasion?
And when they say they'll run Rice off the court they run Rice off the court.
But seriously, did Mr. Pinard ever hear the ending to the cheerleader limericks?
And did Sammy ever catch Mrs. Brice sneaking food on the bus?
The cheerleaders would like to know why the cheerleaders from other schools always ask about #11. Just curious. . . .
Sure am glad it didn't snow more the night of the Burlington game - what would the Tide have done, stranded in Burlington for the whole night?
D.W., did you think D.R. was going to play without shorts?
Those rides to Rutland were long; too bad Sam's bomb was allergic to Carroll's.
The Varsity boys thought they had problems - why those J.V.'s could hardly fight off the girls. Can't remember the main attraction . . .
The Tide fans really liked the refs at Burlington's game. They yelled their first names the whole game. Funny though, they were both named Homer . . .
One of the games of the year was Spaulding over Rice 81-80.
But when Mr. Pinard was asked the following day his reaction to the game he said, "Oh, just another scrimmage.
Just another scrimmage?

Kevin Bailey took a 2nd place at the Essex the Middlebury Christmas Tournament, losing in a regular dual meet. Steve Busby holds the time for the quickest pin. Rodney Hart took 1st place at the Essex Tournament, losing in the finals to a Glens Falls, N.Y. most pins. Bobby Deforge placed 6th at the Middlebury Tournament. Gino Girelli took 1st place at the Essex and Middlebury and was the undefeated wrestler on the Tide team. Jeff Sanborn placed third in both the Essex and Middlebury tournaments. Scott Sanborn has moved into the Varsity lineup and has been a key contributor to the team's success. Freshman Keith Rand has done a fine job filling in for injured wrestlers.
has Tournament and also a 2nd place at the finals to #1 seed, Nate Eseltine.

and a 2nd place at the Middlebury Tournaments. He holds the record for the tournament.

bury Tournaments. Gino is the only Middlebury Tournaments. At present his has shown great improvement, facing
has shown great improvement, facing at the varsity level.
Front Row: R. Rennie, J. Woodruff, M. White, R. Belville
D. Goodnow, G. Kelly, Coach Godin

Front Row: D. Murray, D. Stone, K. Goodnow,
2nd Row: L. Blais, M. Riddle, A. Maurice, L. Abbiatti, M. Ambrosini, C. Abbiatti, K. Lague
Coach Godin
This year the SHS GIRLS BASKET BALL TEAM had a very successful season which ended with a heartbreaking loss in the last second in the playoffs. But a successful season can be seen in more ways than by just looking at the team record. If a team has good fun memories of the season than it was a good one. Well, this year’s team had plenty, such as:
Yehoo Rinnie - Tuna ball - Erin? Erwin? Urin?
Booth Relville - Scabby - Life of the party?
Have you ever seen Helen Keller’s house?
Neither has she! - Rock around the clock -
take the scenic route - shave your legs Kim
and Paula - Space shot - Repunzil - The T
club: Pres. Atkins, VP Rennie, Sec. Booth
and member Goodnow - Shel - Killer - Wanna
buy some tupperware - coaches pet, Wood -
Woody would if she could - captain Abby - ...
Hooray for Girls Basketball!
We're all dressed up -
   How many cheerleaders tonight - (It certainly is difficult to round up cheerleaders.)
In red and blue
   Bonnie, will you do 'Cher' on the bus ride home?
To help the Crimson
   Oh Cheryl, what makes you think the cupcake with the squirrel on it is for you?
Tide pull thru
   You mean 5 cheerleaders on this squad wear contact lenses?
We'll crank our coach
   Anne, have you got those lolipop pants tonight?
And cheer our taem
   Kathy, how could you forget practice when its only once a week?
So they will fight
   Would Karen miss a practice-or even be late for one?
We've got the rhythm
   Anyone who thinkd cgeerleaders aren't in shape have not seen Donna!
We've gpt the pep
   But maybe they've seen Becki
We've got the team
   Lori, we knew you couldn't eat an entire grinder
That's never out of step
   Hey let's go to a Cheerleading Camp
We won't give up
   Becki, who do you go to Lums with anyway-?
We won't give in
   I've got a blue shaker and a black shaker-did those JVs take them again?
So watch us win.
   I don't believe that game-I just don't believe it!!
HOCKEY
2nd Row - E. Rousse, B. Boisvert, M. Gherardi, D. Reilly, J. Guinard, Coach Poirier,
3rd Row - C. Plante, P. McAvoy, J. Plante, D. LeClair

Junior Varsity Front Row B. McMahon, M. Beloin, C. Flourucci, R. Parnigoni, S. Hutchins, B. Grandbois
2nd Row Coach White, J. Milne, D. Brault, M. La freniere, T. Langley, B. Millington
P. Harvey, D. Routhier, missing: G. Badeau
This year's season wasn't as profitable, or memorable as some in the past have been but there was still an everpresent determination to win.

Since we only won one fifth of our games this year it is obvious that most of the memories came from the closeness of being a team. Being on the Spaulding hockey team has always been and will always be a worthwhile experience.

At the start of the season the "rookies" were given the usual initiation, each had to sing a carole-solo. This traditional event turned into a curse this year, although no one knew it at the time. Following the initiation these goodies happened:

GB forgot his skates for a game
MD misplaced 4 pieces of equipment
Pucks were forgotten one game
an 11-3 loss followed by a breakdown of Sammy's bomb on the way home
a 5-0 shutout - the 1st in SHS hockey history
9 game losing streak, another Spaulding first
Captains Moe LaCroix and Mark Dickinson tried every possible method and then some to get the team rolling, but the puck never seemed to bounce in our favor. Next year promises to be better though, as the team is loaded with talented freshmen and the JV is an excellent resource to tap. Many freshmen skated varsity all season and showed real spunk and hustle.
Everyone learned to lose, which is an important experience in life and the few victories tasted even sweeter than usual.
With Kim Camire as scorekeeper, playing password on the bus, showdowns between Mr. Poirier and Gherardi, Dickinson and LaCroix, the team kept its spirit up and the season stayed peppy.
Good luck next year boys...
Spaulding’s Rifle team is an often overlooked team as it does not use cheerleaders, or call for crowd participation. However it has been and is currently the Vermont State champion team and also has the boy’s individual champ - Alan Stone and the girl’s individual champ - Laurie Cassani. Riflery does not have a season’s schedule at all like that of most athletic teams. Its high school competition includes its archrival Northfield, and Bradford. They also compete against such powers as Dartmouth, MIT, Harvard, Norwich, West Point, University of Alaska and others. They went on a trip to New Jersey this year to compete against the Admiral Farragut military Academy during which they stayed in a motel with a pool for 4 days.
The team practices about 3 times a week and at least once a month at MIT. They worked hard to get to the top and through hard work they plan to stay there. The team manages to set new records in nearly every event with amazing consistency. But then there was the time that Laurie shot the ceiling....!

The top 10 shooters from MIT will go to Arkansas from which the top 10 shooters will go to the Olympic trials in Phoenix. It is also possible to get to Phoenix directly without pretrials through invitation. Sam Hutchins, Laurie Cassani, Tino Broginni and Alan Stone have been invited to Phoenix. Others on the team who are projected to make it at least as far as Arkansas are Alan Gregoire, Chris Newton and Scott Mears. Who knows - this year Spaulding may be represented in the Olympics....best of luck, shooters and ali-babba....
Spaulding Bowling team? Ask many students and they will say that they've never heard of it. This is largely due to the fact that it has generally failed to receive much if any coverage or recognition. The fact, however, is that for seven years SHS has fielded a bowling league with numbers growing larger each year. This year's group has about 30 active members with Lea Lesure of the Bowling Lanes as their advisor. Each Tuesday a bus picks them up behind the school at 3:00 and they cruise down to the lanes on the Barre-Montpelier road - provided that it doesn't break down as it did on one occasion this year.

They regroup each week into teams of four and compete against each other. Many other Vermont high schools have this same arrangement.

Spaulding bowlers went to St. Johnsbury on March 13 for the regional tournaments where Mike Jewett took a first place in the Men's competition and Elaine Sprague took a third in the Women's.

In April the year comes to its peak with an awards banquet at the Barre Elks club. This combines members from all over for such awards as MVP and highest scorer.
Each Tuesday the Class of Food Trades has a grinder sale. This sale is for those in Food Trades going on a trip to Italy in April.

Tuesday nights we have a coffee hour. The refreshments are for the adults in Night School.

Coming in the future is V.I.C.A. Olympics, where we are planning to have a buffet with Essex Junction.

Food Trades is active in Community Services, we have parties and make birthday cakes for those patients in the Berlin Convalescent Center.

At Christmas time we planned a party for the Montpelier State Department of Education.

On January 16, for the Vocational students aid fund there was a buffet dance at the Barre Elks Club. Our class catered the food for this fund raising affair.

On Sports Banquet night we sponsored a dinner for the players, parents, and the coaches, which was prepared under the direction of our Advisory Board Member, Mr. Bonacorsi.
I AM WOMAN... this was the theme of this year's Junior Miss Pageant. It is not a beauty pageant as the girls are judged in 5 categories: Scholastic 15%, Judges Interview 35%, Poise and Appearance 15%, Physical Fitness 15%, and Talent 20%.

Although it is indeed a competition, all of us became close and were glad to lend each other a hand. On one occasion we all ate at Howard Johnsons before a rehearsal. It was really a good time.

On Nov. 29 rehearsing came to an end and performances began. The twelve girls involved were: Bonnie Brown, Laurie Cassani, Cheryl Choinard, Candy Jacques, Ann LaJeunese, Pam Magoon, Theresa McGoff, Joy Wadkins, Monica Jacques-Miss Congeniality, Shawn MacDuff-2nd runner up, Sharon Abbiati-1st runner up and Sue Hoag-Junior Miss. It is nice to remember what last year's Vt. Jr. Miss said:..."the winner is not a victor over you but a representative of you..."
I have this friend, Mom....

The Vt. Jr. Miss was held Feb. 22 at SHS. 8 girls from thru out the state competed. The winner was Libby Davis of Springfield who also won the talent. Sue Hoag of Spaulding was 1st runner up and Leita Marshall of Windsor was 2nd runner up. Sherry Dempsey of BFA was chosen Miss Congeniality.

where the clouds are hung for the poet's eye...

Ladies and Gentlemen: CHER!
Our Echo 1976 has tried to be as unique and as good as is possible. Co-editor Monica Jacques speaks for the entire staff when she says - "We apologize for any mistakes that may be in the book. We had a very small staff to work with and we all worked very hard to make this yearbook different and interesting for you - the reader."

Yes, the staff was relatively small and we had deadlines all the time which meant many long hours every day after school, on weekends and during vacations in order to meet them. Some of the work was tedious and we often got to the point of complaining about every little thing and picking on each other. But no matter how rough it got we stayed with it.
It has been an experience, one we all agree has been the most gratifying of our high school years. Maybe it's just a matter of pride. We began on the first day with the intent of making this Spaulding's very best yearbook ever and we truly believe it is. There are mistakes but they are clearly overshadowed by the creativity and ingenuity that went into this book. This required talents in many different fields: photography, art, writing, layout and many more.

We'll all remember losing the Math Club page - spilling hot chocolate all over - scraping the bottom of the glue jars - exposing entire rolls of film - uncooperative faculty and students - the day the darkroom turned red - and the words Final Copy stamped on the last deadline of all. We've had fun and learned enough to outweigh any problems we encountered. This is everyone's yearbook, filled with the Dreamers and the Dreams - may they last forever...
I hate this you know Monica! I don't know why I'm doing this I really hate it!!! I'm not turning around!! I really hate this!!!!!
The Echo Business staff is the devoted group of students who work hard all year to dig up the money necessary to produce a firstrate yearbook. Most people just don't realize just how costly it is to produce a yearbook. This year we added the color section at the beginning which added considerably to the expense. The fee each person pays for their book is a mere fraction of the cost of producing the book. Therefore it is very important to have a good, dedicated business staff in order to keep the cost down as much as possible. This year's staff is advised by Mr. Skillin and headed by Editors Dick Wobby and Don Murray. Even though their work is not seen as much as that of the production staff, it is equally important.
Project GO started out as an adventure, instilled in the mind of Mike Rubalcaba after his Boy's State experience. In the fall of '75, he rounded up all the other students who went to either Girls or Boys State and the project began. The committee members also included: Sue Manning, Anne Craige, Karen Fumagalli, Sue Hoag, Jane Morale, Jane Woodruff, Robin Belville, Nick and Tom Conti, Chris Fukuda, Moe Lacroix, Mark Dickinson, Sam Hutchins, Roland Vigneault and Mike Schini. They all worked very hard to make this government program as interesting and informational as possible.

The project began with 2 assemblies the week before Feb. vacation and got into full swing the week after. Students were allowed to run for city, county, party or state offices. Everyone was encouraged to participate and nearly every student held some office. The state officers included: Becki Minoli - Governor, David Maurice - Lt. Gov., Chris Bailey - Sec. of State, Linda Giroux - Sec. of Treasury, Dick Wobby - Attorney General and Don George - Sargeant at Arms. Although there were some problems and occasional apathy, the overall reaction was very good and the program should continue.

Of course we respect you Jon!

Project Go produced many choice quotes. For instance do you remember these....?

Jerry Poulin, a write in for Gov. "...this is a last ditch effort..."Don Webster, of the Democratic party "Believe me I'm patient..."Theresa McGoff "I hope your vote won't be swayed by the sex of the candidate..."John Mc Claughry, Conservative Caucus"I became a neolithic acrolite..."Chris Bailey's campaign speech "Silence is Golden" Rep. Tudhope "the Lottery taxes the poor..." Sec. of Treasury Stella Hackel "we've got to redirect our social services...I'm divorced, Don't be sorry...yes, I will run for Governor..." Bob Stewart "Its tough to be a sex symbol...you discover that you're a hick...the big problem with Vt. is that it is becoming a playground for the rich..." Mr. Woo, Republican party "...shouldn't let politicians get away with fuzzy answers..." Mrs. Morris during mock trial "he stole my lunch and then he asked me if I would like to get off, I was very confused by all this..." Gov. Salmon quoting Churchill "This democratic gov't is the worst - except for all the rest." Rep. McCleod "Firstly...secondly...thirdly...and fourthly..." U.S. Rep. James Jeffords "Nothing is so important than to get the young people involved..."
Spaulding has always had quite good luck in the National Voice of Democracy Competition. Last year from our school Marianne Kane won a trip to Washington D.C. This year B.J. Eastman was second place winner in Vermont for her speech on a bicentennial theme. She had an excellent speech which came very near to winning. For her efforts she will be invited to attend a dinner for winners in this competition. We congratulate Betty Jean.
Skiing may be hazardous on your weak end. 

**But** go ahead and 
Ski Vermont, we need the money.
The Sentinel is the school's newspaper. It is put out through the combined effort of the Sentinel staff, Mr. Freeman's printing class and the journalism class. The co-editors of the Sentinel are Theresa McGoff and Tanya Rugo.

Throughout the year, the Sentinel covers the many events around school, from sports to dramatic activities. Although self-supporting, the Sentinel manages to stay one step ahead of its creditors.

This year the Sentinel hopes to enter the Quill and Scroll competition for high school newspapers. It has been a long time since the Sentinel has won an award in this competition.

All the students of Spaulding are given ample opportunity to contribute to the Sentinel. This year, even more than last year, students other than those enrolled in the journalism class have contributed material. The Sentinel is ready to be the voice of the student body when they are ready to use it.
The Varsity S Club is made up of members from all sports and band who have earned a Varsity S. It was headed this year by President Lori Camire, Vice-President Denise goodnow, and Secretary-Treasurer Becki Minoli along with Mr. Maiola as faculty advisor. They all have shown loyalty and devotion to the team club. Varsity S is very active and interested in raising money for good causes. In the fall they sold “Keep the Tide Rolling” buttons and sold $1200 worth of ads for the fall sports program. Also in the fall, they organized the assembly to show field hockey and soccer skills.

With some of their money they bought warm-ups for the Varsity Basketball team. With the approach of winter, they held their annual Christmas Tree sale with trees from Mr. Bohn’s tree farm. They also sponsored the first annual Spaulding Invitational Christmas Hockey Tournament. In the dead of winter they brought magic to the school via the Volcan Magic Show. Spring will bring the Sports Banquet in May, also sponsored by the S Club. Varsity S Club exemplifies the undying spirit of SHS students.
The Vocational Industrial Clubs of America is a national organization with local, state, and national officers. V.I.C.A. is open to any student enrolled in a Vocational Technical class. The majority of the members are juniors and seniors but some freshmen and sophomores are eligible.

The local officers of the Barre Regional Vocational Technical Center for 1976 are President Joey Rochon; Secretary Martha Dion; Treasurer Sue Miller; Parliamentarian George Delano; Reporter Ray Hartson; and President Elect Naomi Bresett.

This year in May the Vermont State Skilled Olympics will be held at the Vocational Center here. This is a state wide competition and students from all over Vermont will be competing for gold medals and the chance to go on to the Nationals which will be held in Miami, Florida this year.

Linda Bubar Vt. St. Reporter for VICA
DECA is the only national student organization operating through the nation’s schools to attract individuals to careers in marketing, merchandising and management.

This year, the Barre Chapter has sent delegates to the Castleton Leadership Conference, the North Atlantic Regional Conference and the National Convention in Miami, Florida. Aside from its many school activities - which include the prosperous business of running the school bookstore; a popular place for all students - and civic activities, there were 30 students working in various capacities in the local business community.
The American Field Service organization originated as an ambulance corps during World War 1. The people involved in the ambulance corps were appalled at the ravages of war. They were hoping that the world would never see such a war again. But World War II re-activated the ambulance corps. After World War II the AFS ambulance corps decided that action had to be taken to promote world peace and understanding. The group met and founded the AFS in its early stages.

Since its founding AFS has grown in spirit and size. In the Barre area AFS has been active for quite awhile. This year the student chapter officers are Theresa McGoff Pres., Diane Perreault, vice-pres., Debbie Hayward secretary, Claire Savard Treasurer and Karen Flowers Program Chairman. Miss Christine Litchfield was club advisor.

Theresa McGoff spent this past summer in Colombia. She and Kai Rodiger from Berlin Germany will give speeches about their respective experiences.

Among other things, the AFS weekend in March will be sponsored by the Barre chapter. Also the club will have a radio day at WSNO. Their fund-raising activities will help send Karen Flowers to a foreign country this summer.
This year the Open Door organization brought Spaulding its very own Brazil nut. Actually, we have the bright and cheery face of Angela Ballotti joining our ranks. She is staying over on Maple Ave. with Monica Jacques who describes Angela as the "...grace of a Brazilian woman...". Through her experiences with Angela, Monica now plans to go to Brazil this summer and stay with the Ballotti family. At home Angela would follow a heavy schedule of Biology, physics, chemistry, mathematics, world history, physical education, art, religion and Portuguese as well as German, English, linguistics - these classes meet on a revolving schedule rather than every day. Angela had never seen snow before her stay in Vermont and describes the summers in Brazil as very hot. The girls are apt to be seen on the beach wearing tangas - string bikinis, and the boys in little French suits. They have much larger and more sumptuous meals on a regular basis than we do. Angela is a very friendly and smiling person who has many, many stories of great intrigue about her homeland which she has captivated us with. We wish her the best of luck throughout life.

... and then we have Kai. The American Field Service has brought us Kai Rodiger from West Germany - you know, the place where they drink beer in great mugs all day long. Actually, Kai is a quiet student but a sometimes rowdy person. He may be a quiet student because he doesn’t really care for school, he would much rather be doing something else. Kai is staying with the Robert Hutchins family in South Barre and will graduate with the class of '76. His hosts find he is a nice guy to live with but they also notice that he is inclined to eat a lot - well he’s still a growing boy. Kai is a person who states his mind, whether his opinion be popular or not. He does not like military systems and cannot approve of hunting as a sport. He is an outdoorsman and likes to cross country ski. He also likes to read quite a bit and has bought a lot of books here. His main interest is animals. He notices a lot of differences in the lifestyles of the Germans and the Americans but says that basically all people are alike. He has enjoyed his Vermont life and we are glad to have him with us.
Diane Watson, Michael Rubalcaba, Roberta Russell
Missing: Anne Craig, Becki Minoli.

DID YOU KNOW ...that MacDonald's now offers an 11.36 Grammer ??...Of course it is better known as a Quarterpounder. 

... The main project of this year's edition of the SHS MATH CLUB is to educate the school in the ways of the metric system. Soon, it is inevitable that the United States will fall under the clutches of this perfectly dreadful system -(which just happens to be used all over the world)- and when this event occurs, the Math Club is in hopes that Spaulding will be armed with lots of little conversion factors - the necessary battle weapons -. They have tried to illustrate their point by strategically positioning posters in the halls. These posters are loaded with converted speed limits, prices, heights, weights and numerous other goodies. Not only are they educational they are bright, cheerful and eye catching pieces of art. SO..BEWARE ¶ THE METRICS ARE COMING...
AIDES:

(ad) To lend assistance to; to avail oneself or be of use; to help; to assist; to give support to.

Row 1: S. Hoag, K. Fumagalli,
R. Belville, C. Gattone, T. Harding
Row 2: S. Manning, L. Camire, J. Trottier,
T. Holland, R. Greenough,
C. Chouinard, C. Charrier,
Row 3: M. Miana, D. Goodnow,
D. Sullivan
A. Lajeunese, C. Quinlan, S. Gomez.

L-R row 1: D. Lague, T. Hoiland, S. Gaboriault
row 2: S. Manning, J. MacInnes, L. Giannoni,
T. Harding, A. Lajeunesse,
row 3: S. MacDuff, T. Tomasini, C. Quinlan, C. Charrier,
C. Seaver, K. Tucker, M. Miani M. Miani M. Miana.
L-R  T. Royea, L. Bubar, B. Taplin, I. Perry, S. Bugbee, K. Breer, C. Oulette.


The Future Business Leaders of America club of SHS meets every first and third Wednesday of every month of the school year. The total membership for the 1975-76 school year is 32. Any student who is enrolled in any business course on the high school level is eligible to join. The main purpose of the club is to provide the members with business related community activities as well as social activities and community service projects. Fund raising also plays a major role in the club's activities.

This year the FBLA has participated in the following educational activities: The Youth Leadership Conference at Castleton, the Eastern regional FBLA Conference in Baltimore, the State FBLA meetings in Randolph and Leadership Conference in Burlington and the National Leadership Conference in Washington, D.C.

The club has also had a successful fund raising year through the efforts of food sales, candy sales, car washes, candle sales, calendar sales and the selling of school pennants. In order to participate its other activities, it is important for them to raise money.

The club likes to have a good time and to be together as a group. The ideal solution? - parties of course! They have one for nearly every occasion: Halloween, Christmas, Sliding, Skating, Sugar on Snow, Swimming and of course a big End-of-the-year bash. It is obviously a very close club and a worthwhile one to belong to.
The INTERACT is another of Spaulding’s service organizations. It is affiliated with the Rotary club. Therefore, members of Interact attend the Rotary meetings at noontime on Wednesdays. Likewise the Rotary club has an Interact Advisory panel. Although these clubs are affiliated, they have two major differences. The first, obviously is the age of the members and the second is that while Rotary does not allow women within its walls, Interact does.

Interact along with the Key club sponsored Halloween and Christmas parties for the special education class at Lincoln school, which proved to be a good time for all.

They also held a car wash but ah... They didn’t seem to get too wet, did they...?

They also held a bottle drive in an attempt to raise some money for future activities.

Meetings are held on Monday nights at 7:00p.m. - Funny how they seem to leave their houses at six... oh, by the way - the club would like to know Do you have to work next Monday night Joanne?. . . and Ruth, whatever is going to happen when the season is over...?

Interact held a Thanksgiving dinner at the Open Door. Too bad more members didn’t open their doors - it really was a worthwhile project - and a good time too.

Another money raising endeavor was coat checking for the Fireman’s Ball. Members all showed good attendance for that one ... right, Tamy...?

Yes Interact does like to fool around and have a good time, but they are indeed a service club and they involve themselves in many worthwhile projects.
The **KEY CLUB** is one of the many service clubs at Spaulding. A service club is one which uses both its own assistance and its money to help others in and around the community, excluding themselves. Their activities encompass a very broad range and are widely appreciated.

Earlier in the year they joined forces with another of our service clubs, Interact in order to bring a bit of fun to the Special Education class at Linclon school at Halloween by giving them a party. This effort went over so well that the two clubs did it again this time bringing the warmth of the Christmas spirit to these children.

The club has held both a school dance with music by the Davis Brothers Garage band and a bottle drive in order to raise money for its many projects.

During the fall sport season they acted as ushers at football games and hosted the officials, teams, and press for the Division I championship game which was held at Spaulding. Likewise, they became involved in the winter sports season by running the concession at the boys home basketball games.

Along with their regular activities the Key club is responsible for the raising and lowering of the school flag each day.

In the spring they will hold a spring cleanup of the school grounds and possibly a car wash.

Graduation time should see the Key club granting scholarships to deserving students as well as donations to such things as the Echo.
What is Art? Oh, well it's, ah you know paintings and stuff....

On March 18 the Spaulding Art Festival opened. Yes it did include paintings in nearly every imaginable medium. But it included so many other art forms the average person could only gasp and say "Now why can't I do that?" Students were represented from grades seven through twelve and the departments besides Art included Industrial Arts, Home Ec, and music. During the course of the evening music was provided by the SHS music groups, both vocal and instrumental and refreshments were served by the home ec classes. Many art objects were marked with ribbons to indicate placement in the State Art Exhibit in the near future. The art show is the one time when the work of students of a multitude of talents can be seen all at once. It is definitely worth the time it takes to walk through trying to soak in everything.
March 4, 1976 was the date and the annual one-act play competition was the occasion. It was an exciting and interesting night of topnotch drama. Three student written plays were among the 4 presented, while all plays were student directed. The directors were Mary Sawyer with Duet in Masque, Theresa McGoff of the Circus, Tanya Guatney and Lisa Sorrentino of Rainbow's Bend and Sue Hoag with Voices. Lighting for the evening was done by another student Kerry Claffey. Refreshments were provided by the drama club whose many members assisted with sets, costumes, makeup and sales.

All plays were very well done and the judges had a tough decision to make. They came up with Tom Gomez who starred in both The Circus and Voices as Best Actor and Jeannine Brault of Voices as Best Actress. Voices was declared the winning play. It went on to district competition and placed 2nd to U32.
"So ends the act but the show goes on. You are always welcome at The Circus, the circus of human emotion." Theresa McGoff

Written and directed by T. McGoff
Lights by Kerry Claffey
Makeup Jeannine and Laura Brault
Stage Manager Mary Caccavo
Shepard - Tom Gorney
Comedy masque - K. Scrizzi
Tragedy Masque - P. Scrizzi
Liol - Steve Sawyer
Joliva - Sue Gomez
Shannon - Jennifer Roberts
Peter - Nick Conti
Hap - Sue Roberts
Jeremy - Sheila Blaise
Is All the world really a stage? It has been said many times. In Duet and Masque, the two leads of a show discuss nearly every topic of ordinary conversation, occasionally assisted by their prompters. As the play progresses, the viewer begins to lose track of which is the ‘real’ character and which is the actor. We are given a final twist at the end when we find that the rehearsal was the play. Our are lives merely plays being directed and prompted by some outside force? Think about it - if its in your script...

Director - Mary Sawyer  
Lights Kerry Claffey  
Prunella - Katie Tucker  
Carpenter Steve Longchamp  
Female Prompter - Jane Morale  
Male Prompter - Norm Rouleau
In a short time we all became friends, it was life - an experience. The roses, orchid and charm will last forever as will the joy, the friendship; the laughter and the tears. I'd like to thank my beautiful cast - may the spirits of Eslin and Eiliv live in each of us and the Voices never die....with love Sue

Written and directed by - Sue Hoag
Lights - Kerry Claffey
Makeup - Laura Brault
Eslin (a dream) Julie Welch
Eiliv (eternal) Mike Rousse
Kian (ancient) Tom Gomez
Priscilla (ancient) Jeannine Brault
Amelia (clean) Joanne Nelson
Mana (power) Monica Jacques
Emil (business) Steve Longchamp
Almeric (labor) Steve Sawyer
Doma (domestic) Jennifer Roberts
Rainbow's Bend was another of the student written and directed plays presented. It was a first effort in the dramatic field for both Lisa and Tanya. The play was written very well giving the viewer a full feeling when he finished seeing it, a feeling that had to be thoroughly digested. Some of the ideas presented in the play seemed to go over the heads of inattentive viewers. Vicki Booth was excellent in her role as 'piano player' playing many old Beatle tunes at various interludes throughout the course of the play. Julie Thiverge added comical highlights to the evening in her role as 'mother', at times one felt she would demolish any one who chose to disobey her and at others her down home friendliness was almost contagious. Scott Campbell had a difficult role which included some pantomime. He was more than adequate for the job. Monica Jacques got a chance to display her dancing talents and Tom Conti, Joy Wadkins, Norm Rouleau and Lesly Jorgenson all did fine jobs in their roles.

Somewhere Over the Rainbow... what really happens...?
Lower Brass
Back Row: B. J. Eastman, T. Richie, R. Flink, G. Delano, C. McAvoy
Front: J. Duprey, P. Clement, S. Smith, S. Reed

Flutes and Oboes:
Front: J. Morale, K. Tucker, K. Moeykins, D. Duprey, L. Durkee,

Saxophones
Front Row: T. LaCross, C. Barnhart, A. Tempeston, C. Barnhart, P. Jamele
Back Row: R. Marchini, A. Portalupi, G. McLaughlin, M. Patch

Percussion
Back Row: B. Morris, M. Lorenzini, P. Perry, A. Denko
Front: P. Duff, J. Tracy, L. Jorgenson, F. Longchamp, R. Hutchins

Clarinets
2nd Row: G. Semintore, K. Barnhart, K. Lamson, C. Chouinard, L. Roberts
Front: A. Lorenzini, S. Sawyer, J. Donavan, D. Johnson
It is quite an honor to be named to a group which involves the entire state. The All State musical groups carry such an honor with them. Students from all over the state audition for the All State band, orchestra, and chorus. Every year Spaulding manages to have quite a strong representation in these groups and this year is no exception. Those students who were selected as All State members should be proud.
In the midst of winter, I finally learned that there was in me an invincible summer.
Hello Old Friend
by Theresa McGoff '76

Hello, old friend
It's time to say Goodbye
Hello, old friend
I think it's time to cry.

In morning's dew
We laughed and played awhile
For me and you
The world will only smile
Hello old friend
Let's talk awhile
The days move on my friend
'Cuz minutes only fly
It's time to say Hello old friend
It's time to say Goodbye.

I hear tomorrow knocking friend
It's breaking down the door
I hear the minutes sighing friend
Talk to me some more?
Well, my friend

I hear the wind don't you?
But this is not the end my friend
A friendship's never through.

Hello, old friend
I think it's time to cry
Well, hello old friend
It's time to say Goodbye

Tranquility

Cascading eternally downward
Beneath a lazy, alabaster canopy.
The restless Argentine river applauds
The intricate symmetry of nature's haunting ballet
Obliterating the titillatingly rhythmic
Resounding reticence
Of crystal luminaries gliding amiably to earth.

Gliding eternally downward,
Perpetuating a lacy, alabaster canopy,
The milky, crystal luminaries exalt
The plump chicadees' haunting laughter,
Ascending upon the sweeping skirts of the fickle wind,
Tumbling wistfully into a velvet, azure abyss
Of tranquility.

- Diane Gagnon '77
IMAGINATION IS MORE IMPORTANT THAN KNOWLEDGE.
announcing
the CLASS of 76
REFLECTIONS '76

Shaky Beginnings -
and feeling so small
The notebooks were empty then
and the fresh
Morning Dew
still hung on our faces
but we conquered the World
and lived.

Remember the Laughter -
being caught in between
with a few pages filled
and Noon
almost here
We had conquered -
and enjoyed.

Sparkling songs -
brought in on the wind, ringing
in our ears
suddenly we were the Big Names, Big Faces.
with nearly filled notebooks
It was afternoon and the
Sun
lived within us
we'd conquered Life
and shared Love.

Dreams and Memories, now -
Are we so Big -
after all?
Our pages are dancing in the wind
Erasing Themselves
and Nighttime is approaching fast.
and what have we conquered,
really?
We are filled with powerful dreams,
smiles, - and tears
and we'll live here now as Memories.
But the Stars we're reaching for
will guide us
as we head down the road to
Fresh Beginnings
for we're still so small.
CLASS OFFICERS

Theresa Holland, President
Bonnie Brown, Secretary

Karen Lawliss, Vice President
Roberta Russell, Treasurer
Bobbi Blow
Steve Bigras
Lynda Bettini
Linda Berkeley
Sheryl Boutin
David Boudreau
Vickie Booth
Andre Bombard
Ed Bombard
Micheline Trottier
Kathy Tucker
Theresa Tuthill
Mark Walker
Lisa Vasques
Timothy Valley
Joy Wadkins
Lisa Vasques
Roland Vigneault
Seniors not included:

- Dean Ayre
- Vivian Barton
- Raymond Beaudry
- Tim Bisson
- Dan Bissonnette
- Steve Blood
- Larry Bolio
- Judy Booth
- Conrad Boutin
- Paul Boutin
- Wayne Breer
- Joe Bresette
- Pat Brian
- Tim Casey
- Richard Coyne
- Nelson Craig
- John Deforge
- Robert Duranleau
- Travis Farnham
- Sharon Fitzpatrick
- Grechen Fink
- Joan Gendron
- Mario Girelli
- Terri Griffin
- Therese Harding
- Robert A. Hammond
- Vicki Booth
- Brian Hebert
- Kenneth Hislop
- Roger Houle

- Dennis Huntington
- Joseph Jacobs
- Dean Kennett
- Kris Knapp
- Nancy Larose
- Michael Leclerc
- Margo Lewis
- Robert Lewis
- Mark Lowery
- Shawn McDuff
- Patricia McBride
- Thomas Melkilson
- Steve Miller
- John Nauceder
- Rene Otis
- Andre Provost
- Alan Renfrew
- James Scott
- Bruce Smith
- Randy Spaulding
- Charlene Stuart
- Peter Swift
- Tamara Tomasini
- Rodney Trevett
- Jeffrey Washburn
- Bart Whitcomb
- Brian Whitcomb
- Craig Whitcomb
- David Wild
- Shelia Young
GUESS WHO?

1. Linda Bottini
2. Karin Dingel
3. Liz Durnan
4. Brenda Walker
5. Becky Moulton
6. Elaine Spergiu
7. Debbie Enro
8. Janet Cyr
WE ARE CALLING EVERYONE TO RIDE ALONG TO A DIFFERENT SHORE WHERE WE CAN BE FREE ONCE MORE.

IF WE ONLY HAVE LOVE THEN TOMORROW WILL DAWN AND THE DAYS OF OUR YEARS WILL RISE ON THAT MORN.

MIRACLES HAPPEN ONLY TO THOSE WHO BELIEVE IN THEM.
September 1972...our freshman year...remember? We were the newest members of the school, pushed, and made to sit on the floor at assemblies...we were the scared new members of clubs and sports and classes...we had group guidance and phys. ed - remember the girls awful uniforms?... Our officers were Anne Craig - pres., Karen Lawliss - vice pres., and Monica Jacques - secr/treas. Shelly Fisher was the pres. of the Student Council and the big issue was a smoking lounge for students which we never got...that was the year that they took the doors off the bathrooms - was this to be an indication that we were a rowdy class. The Christmas Ball was held at the auditorium...we travelled to Maine for the hockey tournament by bus and got home at 4 a.m....we walked to all the schools in big herds - what were we afraid of?...and then there was Slave Day and our great carwash at the Exxon place...the freshman play Wilbur Got His Medicine showed off our theatrical talent...we made achievements in the arts, music, sports and every other activity the school had to offer. Gradually we overcame our shyness and fears - we had arrived.
...and so we began our second lap as the fall of '73 approached. We quickly elected officers - Mike Rousse, pres.; Karen Lawliss, vice-pres.; Monica Jacques, secr/treas; and Sue Gomez, reporter and went on to become a money making class...our endeavors included the cafeteria Hoagie sale - a great success, a Christmas wreath sale and a few bake sales...we began to know a few of the upperclassmen and to get more involved in club activities..... and of course there were the parties... who could forget them? ..we had them at Paradise and number 6 and Jones quarry...among all the other favorite hideouts....it was the year of the ten speed bikes and bike hikes including a memorable one to Woodbury Lake...we loved to fight it seems even in the snow - at Bissons?...Theresa McGoff was chosen best actress on play night for her performance in The Man With The Flower in his Mouth...it was the year of the first Spaulding field hockey - they didn't win a game but they had a good time in the process....and also it was the year of dedications - the Pendo Field and the Ynsuela flagpole as well as being the year that the band got their uniforms thanks to the efforts of the local Rotary club....yes it was a good year and our high school career was half over....
Finally!...We were upperclassmen...Sept. 1974 and our last half had begun...we put our faith in officers: Mike Rousse, Karen Lawliss, Theresa Holland and Joann Trottier and got off to a roaring start...we hosted a dance at school with Stone Cross as the band which was to become the biggest money making dance Spaulding has ever seen...shortly after it however new dance rules were installed - the school was becoming more like a prison every day...these rules included one way door, advance sale of tickets, no smoking, basement patrols, only Spaulding students welcomed and no drinking...as Juniors we were now pretty important in the clubs, sports and other activities we chose to participate in...we were becoming the committee chairmen and getting a piece of the action...Theresa McGoff became the first Spaulding student to write and direct a one act play in the annual competition - The Perfect Puppet was of excellent style,... sadly it was the last year of the Debate and Foresics team at least for a little while...Laurie Cassani made great progress in a 'man's sport' - the SHS Rifle team...of course who could forget the hugely successful water melon sale - it only lasted a whole week and we managed to make a couple dollars off the whole deal - it lasted through good weather and bad and altho' we won't mention any names there were a few people who managed to eat up a good share of the profits...oh well, it was fun...but the best of all was the memorable Magicle Mystery Tour - Our Junior Prom...we stuck to success with Stone Cross as the band and logged hundreds of hours of hard work...it was all very worthwhile, however and many people quickly agreed that it was the best prom Spaulding ever had...it sure was!...it made use not only of the gym but also of the lobby and the halls...ans we had a right to be proud...it was a good way to lead into our Senior Year............
DREAM ON
Four years merge
blend,
into one panoramic rush
of many fragmented dreams.
How can vividness
become so dull and
blunted
in the years to come.
We will reach For
fadings faces
lacking names -
Identity.
Diminutive details of
voiceless events,
lost in the stored on the shelf
yearbooks.
the music of the Prom.
the sweat, the broken bones
of a football game,
and the worthwhile labors
of club activities.
We dream on;
athletes of
unscored goals.
academicians of squandered time
poets of unwritten rhyme,
and they all dream of the
triumphs earned.
The dream echoes start afresh
five, maybe ten years hence. All
we'll possess of now -
will be dreams.
Graduation, with its jaunty
goodbyes from tear welling eyes.
Farewells. Our friends
whom we will see only on pages,
doggeared from moist fingers
We dream on,
Each reminiscence belongs
in its own sanctified niche in
our hearts.
The Increasing momentum of time
creates vacuums, streaming,
clouding the Fountain's source.
Cascades of idealists, young and
daring. We will remember with remorse,
how they spilled out into a
mundane existence to savor
what life had to offer.
Dreamers we will always be,
living forever.
We must, our dreams make
everlasting archives to
youth, love and life,
We must
Dream On.
Pamala Magoon '76
'76
SENIOR
SCRAPBOOK...