And it goes on and on . . .
"And it goes on and on, 
Watching the river run, 
Further and further 
From things that we've done, 
Leaving them one by one, 
And we have just begun, 
Watching the river run, 
Listening and learning and yearning, 
Run river run."

© 1973 GNOSOS MUSIC and JASPERILLA MUSIC CO. 
Used by Permission. All Rights Reserved.

CONTENTS

Fall 11
Faculty 15
Seniors 65
Fall Sports 106
Juniors 129
Sophomores 141
Freshmen 158
Winter 173
Winter Sports 174
Clubs 207
Art Show 247
Winter Carnival 250
Class officers 256
Our Echo Staff 260
Sponsors 264
OUR SCHOOL . . . SPAULDING HIGH SCHOOL
The cafeteria . . .

The gym . . .

The halls . . .
Our auditorium . . .

Our classrooms . . .
Our locker rooms

Our river
The trip to Washington, D.C. for the Voice of Democracy state winners lasted six days. The VFW planned it so meticulously that only once were we off-schedule. The itinerary we followed would be too long to reproduce here, but here are the places we saw and things we did:

- Mount Vernon, furnished very much as it was when George Washington lived there.
- The Smithsonian Institution, which houses the Hope Diamond, the "Spirit of St. Louis", dinosaur bones, and lots more.
- Performance of a musical at Ford's Theater.
- The Washington Cathedral.
- Arlington Cemetery.
- Tomb of the Unknown Soldier.
- Jefferson and Lincoln Memorials.
- JFK gravesite, the Eternal Flame.

Marianne is second from left in picture above. On opposite page, she is second from right.
Iwo Jima memorial.
National Archives, where originals of many historical documents, including the Constitution, are displayed.
The Capitol & House and Senate galleries.
Library of Congress, where an original copy of the Gutenberg Bible is displayed.
Bureau of Engraving and Printing, where money is printed and where we held $40,000 in printing $10's in our hands. (No Free Samples)
The FBI building where we saw some of the labs where crimes are solved.
The White House furnished with many heirlooms left by various Presidents and their wives. Here we saw President Ford; the five VOD winners shook his hand.
By the end of the six days, the 53 of us were exhausted. Some of us were also warm friends, and there were tears everywhere when it was time to leave. The trip to Washington DC was an unforgettable experience, and we owe the VFW, our teachers, and everyone else whose efforts helped to bring us there a debt of gratitude.
THE BRIDGE BUILDER

An old man, going a lone highway,
Came at the evening, cold and gray,
To a chasm, vast and deep and wide,
Through which was flowing a sullen tide.
The old man crossed in the twilight dim--
That sullen stream had no fears for him;
But he turned, when he reached the other side,
And built a bridge to span the tide.

"Old man," said a fellow pilgrim near,
"You are wasting strength in building here.
Your journey will end with the ending day;
You never again must pass this way.
You have crossed the chasm, deep and wide,
Why build you the bridge at the eventide?"

The builder lifted his old gray head.
"Good friend, in the path I have come," he said,
"There followeth after me today
A youth whose feet must pass this way.
This chasm that has been naught to me
To that fair-haired youth may a pitfall be.
He, too, must cross in the twilight dim;
Good friend, I am building the bridge for him."

WILL ALLEN DROMGOOLE
OFFICE AIDES


Mr. Don Czok  Athletic Director
Mr. William Rochon

Mrs. Beverly Robinson  Guidance Secretary

Mrs. Lucille Patterson  Secretary to Mr. Rochon

Mrs. Lois Hadd  Guidance
Mr. Gordon Ayer  Guidance

Miss Louise Calcagni  Treasurer, Associated Funds


GUIDANCE AIDES
Mr. Paul Nutter  
*Head of Vocational School*

Mr. Robert Abbiati  
*Guidance*

Miss Lesley Bell  
*Guidance*
Mr. Warren Williams
Vocational Guidance Coordinator

Mrs. Nelda Berinato
Secretary of Vocational Technical Center Office
VOCATIONAL AIDES

C. Chase, J. Hood, S. Catto, M. Kane, N. Berinato, L. Kennedy.

Mr. Walter Dowling
Mrs. Josette Boisse  
*Librarian*

Mrs. Carrie Rossi  
*Secretary to Librarian*

---

*LIBRARY AIDES*

Front Row: M. Kane, L. Saia, M Fitzgerald, D. Rogers.
Mr. David Seeley

Mr. Ernest Buntin

Science

Mr. Jay Trombley
Miss Virginia Brown

_English Dept. Head_

Mrs. Eleanor Pendo

Mr. Charles Coburn

Mr. Roger Schmeckle
Mrs. Elizabeth Fadden

Mr. Edson Birchard

Miss Ruth Cousins
Miss Vella Meisner

Business Education

Mrs. Shirley Aitchison
Business Dept. Head

Mrs. Phyllis Hayward
Mr. Richard Tyler

Mrs. Loretta Spada

Mr. Brian Lack

Cooperative Occupational Education
Mrs. Kathy Odell Thompson

Mr. Richard Skillin

Social Studies

Mr. Richard Cattelona
Mr. Max Jenness

Mr. W.Wade Perkins
Social Studies Dept. Head

Mr. Norman Portalupi

Mr. Bernard Dubay
Mr. Gerard Truchon

Mr. Paul Blow

Mr. Joseph Maiola
Language Arts

Mrs. Mary Montague

Mrs. Dorotha Gioria

Mrs. Rena LaClair

Mr. Glenn Tosi
Physical Education

Mr. David Fisher

Mrs. Marilyn Gray

Mr. Paul Poirier

Mrs. Laurel Brice
Cooperative Occupational Education

Mr. John Frost

Mrs. Kay Paterson

Mrs. Beverly Bradley

Mr. Jeffrey Issler
Mathematics

Mrs. Elizabeth Carminati

Mr. James Atkins

Math Dept. Head

Mrs. Joan Dippre
Mr. Gordon Smith

Mr. Eugene Baker
Miss Ellen Daly

Miss Gertrude Sinclair
Mr. Charles Welch

Miss Priscilla Wood

Mrs. Janythe Plummer

Industrial Arts
Mr. Chris Kaechele

Mr. Richard Flies
Department Head

Mr. John Marshall
Mr. Benny Aja

Vocational-Technical Education

Mr. Douglas Nadeau

Mr. Roy Buswell

Mr. Lee Moore
Mr. Ronald Wheeler

Mr. Wesley Norris

Mr. Robert Freeman
Mr. Ray Lesslie

Mr. Ray Spaulding

Mr. Stanley Ingersoll
SLOW
WATCH FOR
CHILDREN
SENIORS
... AND NOW,
MANY YEARS LATER

Susan Allen  Karen Amet  Deborah Atkinson  Sara Avery

Hector Badeau  Gregory Baldor  Mary Ellen Bancroft  Kim Bates
Ellen...What a doll!

First Streaker
"S-M-I-L-E!!!!!!"

Speedy Geert
Debi Ducl irme
John Dufresne
Odina Duquette
Jayne Duranleau
Laurie Duranleau
Norman Dutil
Steven Dwyer
Judy Emery
Chris Federico
Mary Finneran
John LoClerc  Mark Lemieux  Linda Lessard  Susan Letter

Lawrence Liese  Gregory Lissor  Gregory Lord  Robert Lord

Robert Loso  Albert Luther
Dennis goes to the beach

"Hey Vic, over here!"

Sue hasn’t changed a bit!
Leo, goofing off again?

"Anyone for a swim?"

Jerry and JoAnn?!!
Camera-shy Seniors:

Jeffrey Agosta
Daniel Ayer
Daniel Bean
JoAnn Beaudoin
Edmond Beniot
Brian Berini
Mark Blais
Robert Blondin
Richard Brien
Wayne Calderara
Lee Chaloux
Michael Comstock
Michael Crete
Leo Curley
Deborah Dindo
Mark Dindo
Donna Dodge
Martin Ellis
Roy Emerson
Richard Fadden
Rose Flood
Thomas Fontana
Pierre Gagnon
Pamela Geishecker
Bruce Gingras
JoAnn Gomez
Richard Guilmette
Ellen Healy
Richard Holland

Mary Hutchins
Sandy Hutchins
Craig Isham
Jan Johnson
Donald Lajeunesse
Debra Lamson
Arthur Lange
John LaRose
Clayton Lyford
Stephen Mason
Dawn Mayo
Donna McCraw
Diane Merrill
Mark Moran
David Nelson
Jeffrey Perreault
Vittorio Rossi
James Rouleau
Bruce Sanborn
Kenneth Sanborn
Diann Tabor
David Tonne
Richard Vaillancourt
Nancy Walters
Guy Woodard
This is Good-bye

Time has come to pass with a sense of fear
Our time is drawing close - our day is near
The time will come when we say so long
To this very special place where we all once belonged

We shall go our separate ways - live the way we choose
We all will learn the game of life - some will win, some will lose.
We will meet many people - make new friends
But the friendships made here can never end.

We will leave each other but our memories will linger on
We ask ourselves where the years have gone.
Our parents and friends we shall leave behind
These people who have loved us and always been kind.

Time has come to pass with a sense of fear
Our time is drawing close - our day is near
As we look at each other with tearful eyes
We suddenly realize that this...this is good-bye!

- Robin Rossi
Senior Class President????

Eat 'em all up!

"Waiting for something, Cin?"
Dreaming of the days ahead.

C-H-E-E-S-E!!!
Cast
Sue Letter
Dean Martin
Linda Bowen
Mark Burkholder
Donna Morris
Cindy Bigras
Marty Bazluke
John Robichaud
Paul Charron
Leo Curley
Carolyn Mcleod
Laurie Duranleau
John Martel
Lorna Gale
Bob Cary

Chorus
Sue Allen
Karen Amet
Sara Avery
Greg Baldor
Kim Bates
Annette Bisson
Mark Blais
Becky Brock
Jody Buttura
Darlene Chatot
Julie Davis
Linda Delano
Debbie Dindo
Jayne Duranleau
Mary Fitzgerald
Tom Fontana
Allison Ford
Cindy Gomez
Ellen Healy
Betsy Hypermann
Joe Kvedar
Robert Lord
Sylvia LaRoche
John Maiola
Sue Masson
Mike Melkonian
Pam Miller
JuliAnne Monty
Sue Paxman
Sue Perreault
Bev Perrin
Robin Rossi
Mary Roy
Mary Salvador
Mary Shadroi
Patti Stevens
Cindy Wark
Karen Watson
Bettie Whaples
Kim Whitney
This year our senior class presented the "Wizard of Boz" which was held on October 30, 1974 in our own S. H. S. auditorium. The theme was based on Frank Baum's famous "Wizard of Oz", but members of our senior class rewrote the script reminising anxieties of their years here at Spaulding.

As the play began, parents, students, and teachers as well laughed with us as they were watching some of their favorite teachers being portrayed by our senior class. Our full house made all the rushing around and last minute practices all seem worthwhile.

We wish to thank all those who contributed to the success of our play, especially our great audience and a special thanks to our fine directors, Mrs. Martha Rossano and Mrs. Ilene Sinclair. —Robin Rossi
Varsity "S" Club’s Christmas Tree Sale

If you were up at 7:00 a.m. on December 14, you might have noticed a bunch of Spaulding athletes shivering in front of the school before jumping into trucks. This was a sure sign that Christmas was right around the corner because the Varsity "S" club was in preparation for the Annual Christmas Tree Sale.

We all went to Mr. Bohn's tree farm and pulled 200 trees off of the field and proceeded to pile them on the trucks to bring them back to school where we sold them for the remainder of the day.

This was our second year to do the project. Our leftover trees were donated to the Salvation Army.
Girls Field Hockey
GIRLS FIELD HOCKEY


<table>
<thead>
<tr>
<th>Ours</th>
<th>Opponent</th>
<th>Theirs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Stowe</td>
<td>2</td>
</tr>
<tr>
<td>1</td>
<td>Union 32</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>Randalph</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>Oxbow</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>Harwood</td>
<td>1</td>
</tr>
<tr>
<td>0</td>
<td>Northfield</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Union 32</td>
<td>2</td>
</tr>
<tr>
<td>1</td>
<td>Harwood</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>Stowe</td>
<td>1</td>
</tr>
<tr>
<td>1</td>
<td>Oxbow</td>
<td>0</td>
</tr>
</tbody>
</table>
I don't think I want any more water......

Agony of defeat....

Do you think it went down the middle?

All Right!!!!!!!!!!
Come on now, I had it first.......
You need some help?
To the field hockey team,

Your 1974 season belongs to you alone. Only those involved will never forget............
A special good bye and thank you to Miss Periera and the graduating seniors.

Respectfully,

Mrs. Gray
## SOCCER

<table>
<thead>
<tr>
<th>Opponent</th>
<th>Our score</th>
<th>Their score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Union 32</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Randolph</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>Oxbow</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Harwood</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Northfield</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>BFA (Fairfax)</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>Union 32</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Burlington</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Harwood</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>BFA (Fairfax)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Oxbow</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>Randolph</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>Missisquoi</td>
<td>0</td>
<td>4</td>
</tr>
</tbody>
</table>
J.V. SOCCER

1974

VARSlTY FOOTBALL

<table>
<thead>
<tr>
<th>Spaulding</th>
<th>Opponenet</th>
</tr>
</thead>
<tbody>
<tr>
<td>So. Burlington</td>
<td>31</td>
</tr>
<tr>
<td>B.F.A.</td>
<td>21</td>
</tr>
<tr>
<td>Rice</td>
<td>28</td>
</tr>
<tr>
<td>Lyndon</td>
<td>0</td>
</tr>
<tr>
<td>Burlington</td>
<td>16</td>
</tr>
<tr>
<td>Essex</td>
<td>33</td>
</tr>
<tr>
<td>St. Johnsbury</td>
<td>27</td>
</tr>
<tr>
<td>Montpelier</td>
<td>16</td>
</tr>
</tbody>
</table>
"74"

VARSITY FOOTBALL '74

Berg tackles quarterback
Spaulding defense hudling up

Fullback Greg Lord carrying the ball

OOPS, I missed
HOLD THAT LINE!! says Coach Catt
Kuder Kicking off

John Maiola receiving kickoff
Coach Pinard gives defense signal
FRESHMAN FOOTBALL

Juniors
SOPHOMORES

S. Ackerman
J. Agliotta
J. Aja
N. Aja
R. Alexander

W. Allen
P. Allison
M. Ayer
W. Ayer
S. Bacon

E. Badeau
G. Badeau
J. Baker
J. Barcomb
C. Barnhart

L. Batchelder
D. Beals
T. Beals
C. Beane
E. Bedard
T. Hill
A. Hills
T. Holland
P. Holmes
H. Hood

P. Hood
C. Houle
A. Hutchins
R. Hutchins
M. Isabelle

E. Jewett
J. Johnson
B. Judd
R. Kelty
S. Kelty

L. Kennedy
J. Kronjaeger
M. Lafreniere
K. Lague
D. Laird

W. Laitinen
D. Lajeunesse
L. Lajeunesse
L. LaLiberte
L. Grant
D. Lambert
R. Lamphear
L. Landry
L. Langevin
M. Langley

T. Langley
A. Lauzon
K. Leavitt
K. LeBlanc
G. Loati

R. Magoon
P. Manning
M. Marceau
R. Marchini
M. Martel

S. Martin
D. Martin
T. Martin
B. Martineau

A. Mason
J. Massie
R. Masson
M. Morrison
M. Mugford
P. Murdock
M. Murphy
A. Murray

C. Normandeau
R. Nutbrown
E. O'Connor
G. Ormsby
C. Otis

J. Otis
R. Otis
M. Oubuc
T. Ouellette
D. Patten

B. Pellon
L. Perojo
M. Perreault
N. Perreault
M. Perrigo

L. Perry
B. Pirie
J. Plant
C. Plante
D. Plunkett
Girls Basketball
GIRLS BASKETBALL

J. V.

### Junior Varsity Scores

<table>
<thead>
<tr>
<th>Spaulding</th>
<th>Opponent</th>
</tr>
</thead>
<tbody>
<tr>
<td>34</td>
<td>Essex</td>
</tr>
<tr>
<td>17</td>
<td>South Burlington</td>
</tr>
<tr>
<td>49</td>
<td>Burlington</td>
</tr>
<tr>
<td>31</td>
<td>CVU</td>
</tr>
<tr>
<td>23</td>
<td>Rice</td>
</tr>
<tr>
<td>36</td>
<td>BFA</td>
</tr>
<tr>
<td>18</td>
<td>Mississquoi</td>
</tr>
<tr>
<td>29</td>
<td>Essex</td>
</tr>
<tr>
<td>36</td>
<td>South Burlington</td>
</tr>
<tr>
<td>25</td>
<td>BFA</td>
</tr>
<tr>
<td>36</td>
<td>Burlington</td>
</tr>
<tr>
<td>29</td>
<td>Mississquoi</td>
</tr>
<tr>
<td>12</td>
<td>Rice</td>
</tr>
<tr>
<td>27</td>
<td>CVU</td>
</tr>
</tbody>
</table>

### Varsity Scores

<table>
<thead>
<tr>
<th>Spaulding</th>
<th>Opponent</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td>Essex Junction</td>
</tr>
<tr>
<td>51</td>
<td>South Burlington</td>
</tr>
<tr>
<td>43</td>
<td>Burlington</td>
</tr>
<tr>
<td>53</td>
<td>CVU</td>
</tr>
<tr>
<td>54</td>
<td>Rice</td>
</tr>
<tr>
<td>35</td>
<td>BFA</td>
</tr>
<tr>
<td>31</td>
<td>Mississquoi</td>
</tr>
<tr>
<td>34</td>
<td>Essex Junction</td>
</tr>
<tr>
<td>43</td>
<td>South Burlington</td>
</tr>
<tr>
<td>56</td>
<td>BFA</td>
</tr>
<tr>
<td>49</td>
<td>Burlington</td>
</tr>
<tr>
<td>47</td>
<td>Mississquoi</td>
</tr>
<tr>
<td>32</td>
<td>CVU</td>
</tr>
<tr>
<td>56</td>
<td>Rice</td>
</tr>
</tbody>
</table>
Wrestling
Wrestling Auxiliary

WRESTLING AUXILIARY
Row 2: J. Henry, D. Copping, R. Hart, C. Williams, Mr. Welch-Adv.,
VARSITY WRESTLING

Row 1: Mr. Duffy-Ass. Coach, M. Porier, S. Mason, B. DeForge, G. Girelli, M. Melkonian, K. Free.
Row 2: M. Blais, K. Bailey, M. Burkholder, G. Sherlock, R. Hart, D. Brooks, Mr. Welch-Coach.

**SCOREBOARD**

SPAULDING

<table>
<thead>
<tr>
<th>OPPONENT</th>
<th>SCORE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mt. Abe.</td>
<td>18</td>
</tr>
<tr>
<td>Middlebury</td>
<td>36</td>
</tr>
<tr>
<td>Essex</td>
<td>12</td>
</tr>
<tr>
<td>N. Country</td>
<td>12</td>
</tr>
<tr>
<td>Springfield</td>
<td>9</td>
</tr>
<tr>
<td>Lake Region</td>
<td>13</td>
</tr>
<tr>
<td>Lamoille</td>
<td>15</td>
</tr>
<tr>
<td>Mt. Mansfield</td>
<td>25</td>
</tr>
<tr>
<td>Massey Vanier</td>
<td>8</td>
</tr>
<tr>
<td>St. J.</td>
<td>26</td>
</tr>
<tr>
<td>Vergennes</td>
<td>19</td>
</tr>
<tr>
<td>C.V.U.</td>
<td>15</td>
</tr>
<tr>
<td>N. Country</td>
<td>21</td>
</tr>
<tr>
<td>Mt. Mansfield</td>
<td>22</td>
</tr>
<tr>
<td>Lake Region</td>
<td>21</td>
</tr>
<tr>
<td>Lamoille</td>
<td>21</td>
</tr>
<tr>
<td>Mt. Mansfield</td>
<td>22</td>
</tr>
<tr>
<td>Harwood</td>
<td>6</td>
</tr>
<tr>
<td>St. J.</td>
<td>25</td>
</tr>
<tr>
<td>Vergennes</td>
<td>30</td>
</tr>
</tbody>
</table>
VARSITY BOYS BASKETBALL TEAM


S*C*O*R*E*B*O*A*R*D

<table>
<thead>
<tr>
<th>Spaulding</th>
<th>Opponent</th>
</tr>
</thead>
<tbody>
<tr>
<td>66</td>
<td>Essex</td>
</tr>
<tr>
<td>69</td>
<td>B.F.A.</td>
</tr>
<tr>
<td>44</td>
<td>M.S.J.</td>
</tr>
<tr>
<td>49</td>
<td>Burlington</td>
</tr>
<tr>
<td>49</td>
<td>Montpelier</td>
</tr>
<tr>
<td>50</td>
<td>M.S.J.</td>
</tr>
<tr>
<td>55</td>
<td>Rice</td>
</tr>
<tr>
<td>49</td>
<td>Winooski</td>
</tr>
<tr>
<td>46</td>
<td>C.V.U.</td>
</tr>
<tr>
<td>66</td>
<td>St.J.</td>
</tr>
<tr>
<td>55</td>
<td>S. Burlington</td>
</tr>
<tr>
<td>57</td>
<td>Essex</td>
</tr>
<tr>
<td>73</td>
<td>B.F.A.</td>
</tr>
<tr>
<td>46</td>
<td>Montpelier</td>
</tr>
<tr>
<td>50</td>
<td>Burlington</td>
</tr>
<tr>
<td>42</td>
<td>Rice</td>
</tr>
<tr>
<td>62</td>
<td>Winooski</td>
</tr>
<tr>
<td>51</td>
<td>C.V.U.</td>
</tr>
<tr>
<td>67</td>
<td>St.J.</td>
</tr>
<tr>
<td>53</td>
<td>S. Burlington</td>
</tr>
</tbody>
</table>

188
J.V. RESULTS

<table>
<thead>
<tr>
<th>SPAULDING</th>
<th>OPPONENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>39 Essex</td>
<td>62</td>
</tr>
<tr>
<td>49 B.F.A.</td>
<td>37</td>
</tr>
<tr>
<td>29 Mt. St.J.</td>
<td>55</td>
</tr>
<tr>
<td>40 Burlington</td>
<td>65</td>
</tr>
<tr>
<td>55 Montpelier</td>
<td>42</td>
</tr>
<tr>
<td>40 Mt. St.J.</td>
<td>62</td>
</tr>
<tr>
<td>49 Rice</td>
<td>86</td>
</tr>
<tr>
<td>47 Winooski</td>
<td>28</td>
</tr>
<tr>
<td>45 C.V.U.</td>
<td>42</td>
</tr>
<tr>
<td>38 St. J.</td>
<td>44</td>
</tr>
<tr>
<td>49 S. Burlington</td>
<td>71</td>
</tr>
<tr>
<td>44 Essex</td>
<td>61</td>
</tr>
<tr>
<td>57 B.F.A.</td>
<td>39</td>
</tr>
<tr>
<td>62 Montpelier</td>
<td>57</td>
</tr>
<tr>
<td>64 Burlington</td>
<td>70</td>
</tr>
<tr>
<td>43 Rice</td>
<td>88</td>
</tr>
<tr>
<td>39 Winooski</td>
<td>53</td>
</tr>
<tr>
<td>53 C.V.U.</td>
<td>52</td>
</tr>
<tr>
<td>40 St. J.</td>
<td>46</td>
</tr>
<tr>
<td>53 S. Burlington</td>
<td>56</td>
</tr>
</tbody>
</table>
FRESHMAN BOYS BASKETBALL TEAM


<table>
<thead>
<tr>
<th>SHS</th>
<th>OPPONENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>30</td>
<td>Essex</td>
</tr>
<tr>
<td>21</td>
<td>Montpelier</td>
</tr>
<tr>
<td>22</td>
<td>Burlington</td>
</tr>
<tr>
<td>22</td>
<td>Rice</td>
</tr>
<tr>
<td>26</td>
<td>CVU</td>
</tr>
<tr>
<td>35</td>
<td>St. Johnsbury</td>
</tr>
<tr>
<td>29</td>
<td>So. Burlington</td>
</tr>
<tr>
<td>34</td>
<td>Essex</td>
</tr>
<tr>
<td>19</td>
<td>Montpelier</td>
</tr>
<tr>
<td>21</td>
<td>Burlington</td>
</tr>
<tr>
<td>35</td>
<td>CVU</td>
</tr>
<tr>
<td>39</td>
<td>St. Johnsbury</td>
</tr>
</tbody>
</table>
From left to right, bottom to top: C. Chouinard, R. Greenough, K. Fumagalli, B. Minoli, D. Dindo, M. Bazluke, L. Graf, D. Raymond, M. Roy, R. Rossi.
J. V. FOOTBALL CHEERLEADERS

Row one: J. Bernasconi, M. Mugford, Row two: J. John, R. West, M. Acebo, C. Groleau, Row three: K. Demarals, S. Cummings.
VARSITY BOYS BASKETBALL CHEERLEADERS

J. V. BASKETBALL CHEERLEADERS

Row one: K. Campbell, M. Belleveau, L. Graf, D. Roy,
GIRLS BASKETBALL CHEERLEADERS

RIFLE TEAM COMPETES IN REGIONAL MEET

The Meet was held at MIT. The Champions of Region 9 included all of New England, New York, New Jersey, and Nova Scotia. First place went to Alan Stone, third place to Tino Broggiini, and fifth place to Bob Thompson, these boys will compete in the national championship in Arkansas.

Laurie Cassani was top girl in the Regional Junior Air Rifle Championships.
VARSITY HOCKEY

Missing: L. Fortier - Mng.
JV HOÓCKEY TEAM


Team captains Brad Fortier and Hector Badeau with Coach Porier
Gerard Badeau moving in.

SPAULDING        OPPONENT

<table>
<thead>
<tr>
<th></th>
<th>Rice</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Northfield</td>
<td>4</td>
</tr>
<tr>
<td>6</td>
<td>C.V.U.</td>
<td>4</td>
</tr>
<tr>
<td>6</td>
<td>Mt. Mansfield</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td>S. Burlington</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>Essex</td>
<td>5</td>
</tr>
<tr>
<td>2</td>
<td>Burlington</td>
<td>5</td>
</tr>
<tr>
<td>4</td>
<td>Massey Venier</td>
<td>5</td>
</tr>
<tr>
<td>3</td>
<td>B.F.A.</td>
<td>6</td>
</tr>
<tr>
<td>3</td>
<td>Rice</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>C.V.U.</td>
<td>3</td>
</tr>
<tr>
<td>6</td>
<td>S. Burlington</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>Stowe</td>
<td>6</td>
</tr>
<tr>
<td>9</td>
<td>Essex</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>Northfield</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>Stowe</td>
<td>5</td>
</tr>
</tbody>
</table>

Moe LaCroix with the save.
Marshall White racing down the ice.

Where do you want him, coach!!

J. V. Hockey coach Stan White

<table>
<thead>
<tr>
<th>Spaulding</th>
<th>Opponent</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Burlington</td>
</tr>
<tr>
<td>9</td>
<td>Winooski</td>
</tr>
<tr>
<td>5</td>
<td>Missisquoi</td>
</tr>
<tr>
<td>7</td>
<td>Burlington</td>
</tr>
<tr>
<td>7</td>
<td>CVU</td>
</tr>
<tr>
<td>5</td>
<td>Montpelier</td>
</tr>
<tr>
<td>8</td>
<td>Essex</td>
</tr>
<tr>
<td>8</td>
<td>Albany Acad.</td>
</tr>
<tr>
<td>8</td>
<td>Rice</td>
</tr>
<tr>
<td>6</td>
<td>Canada</td>
</tr>
<tr>
<td>6</td>
<td>North Country</td>
</tr>
<tr>
<td>2</td>
<td>BFA</td>
</tr>
<tr>
<td>4</td>
<td>North Country</td>
</tr>
<tr>
<td>4</td>
<td>South Burlington</td>
</tr>
<tr>
<td>7</td>
<td>Missisquoi</td>
</tr>
<tr>
<td>10</td>
<td>Winooski</td>
</tr>
<tr>
<td>8</td>
<td>CVU</td>
</tr>
<tr>
<td>1</td>
<td>BFA</td>
</tr>
<tr>
<td>5</td>
<td>South Burlington</td>
</tr>
<tr>
<td>7</td>
<td>Rice</td>
</tr>
</tbody>
</table>
Hector showing excellent form.

Coach Porier helping a hurt player.
"Fun Night"

Broom Hockey
Crab Soccer
Basketball
C. LaRose  R. Walker  C. Stone  T. Bean  S. Cayla

MAJORETTES
I dropped a twig in a stream
four years ago
quickly I formed branches
like the birch growing out of youth
like the salmon having to leap
obstacles along the way
I did too
like a bird I soared high
and looked back down upon
my well-trodden path
my stream had grown into a
river and my river into a lake
In the lake I saw all the
knowledge I had learned
the mirror reflected my images
and I saw a person
who had a chance to travel
farther in life!

Lori Buik
Feb. 23, 1975
FLUTES AND OBOES
Row 1: J. Morale, K. Tucker, M. Sawyer, M. Monty, E. Perry

CLARINETS
Row 3: J. Chiodi, P. Hayward, M. Fitzgerald, P. Davy
Row 2: S. Hutchins, K. Barnhart, G. Seminatore, L. Robinson, C. Finn
Row 1: M. Shadroui, L. Delano, S. Sawyer, K. Watson, J. Buttura
TRUMPETS
Row 3: J. Davy, R. Barnhart, P. Sherlock, B. Pellon
Row 2: M. Winchester, D. Dickinson, D. Harding, J. Rochon
Row 1: M. Montgomery, J. Marcotte, S. Longchamp, K. Sinclair

SAXES
Row 2:
Dlane Gosselin
Gerald McLaughlin
Peter Jamele
Cindy Barnhart
Row 1:
Marc Patch
Tammy Cross
Nancy Berinato
KeviN Mason
OBOE AND BASSON
B. Brock, T. McGoff

PERCUSSION
Row 2: B. Maurice, R. Hutchins, P. Duff, M. Lorenzini
Row 1: G. Wagner, P. Perry
Steve Sawyer, a junior who plans to major in music, was the only Spaulding band member to make the All-State Band. Steve will be playing clarinet, the instrument he normally plays in our own band, although he also plays saxophone in the stage band.
Row 3: S. Sawyer, J. Tracy, J. Monty
Row 2: D. Patten, B. Drake, K. Tucker
Row 1: D. Gagnon, S. Manning, N. Davis

Orchestra

ALL-STATE ORCHESTRA

Row 2: L. Drake, J. Monty, W. Rancourt, B. Brock, D. Zagroba
Row 1: S. Cayla, J. Morale, R. Davis

WINOOSKI VALLEY ORCHESTRA

Row 3: Mrs. LeBlanc, S. Manning, J. Tracy, S. Sawyer,
W. Rancourt
Row 2: D. Patten, J. Monty, M. Morun, D. Zagroba, B. Brock
Row 1: B. Drake, L. Bowen, J. Morale, D. Prive, D. Gagnon
These members of the Spaulding Glee Club have been selected to sing in the All-State Chorus.

ALL STATE CHORUS
Row 3: T. Conti, B. Cary, C. Rogers, N. Conti
Row 2: N. Smith, A. Hutchins, C. MacLeod, S. Longchamp
Row 1: M. Ayer, S. Letter, V. Booth

Glee Club
OFFICERS

ALTOS
Row 4: S. Letter, S. Slaybaugh, L. Spear, S. Reid, J. Monty, D. Woodworth,
P. Perry, D. Merrill, S. Perreault, L. Gale, D. Merrill, K. Scrizzi.
Row 3: D. Sawyer, K. Tucker, P. Scrizzi, D. Hayward, C. LaPoint, J. Violette,
Row 2: K. Lamson, G. Martin, S. Masson, M. Roy, J. Duranteau, J. Brault,
B. Brown, A. Gomo, B. Minoli, T. Cross, B. Smith, M. Morin.
Row 1: V. Booth, T. Harding, G. Sanborn, N. Hunt, M. Sawyer, R. Rossi,
K. Amet, D. Roy, S. Bugbee, L. Bowen, S. Fortier, B. Butler

Missing: D. Dindo, J. Gomez, P. Grey, S. LaRouche, M. Taplin
TENORS

Row 3: Mr. Dehls, B. Cary, J. Lash
Row 2: N. Smith, C. Rogers, G. Seminatori
Row 1: S. Conti, S. Lonachamp, R. Fraser

BASS

Row 3: T. Farnham, N. Conti, P. Charron, T. Conti
Row 2: D. Martin, G. Delano, E. Bisson, F. Corey
Row 1: S. Sawyer, F. Smith, C. Brown
This year the music clubs—Band, Glee Club, and Orchestra—are planning a musical tour of Canada. They have spent most of the year raising money for this trip by giving concerts, selling M&M’s, selling magazines, and putting on a talent show. Hours and hours have also been put into rehearsals.
Spaulding's chapter of the Future Homemakers of America has been busy this year earning money for their trip to Montreal in the spring. At the beginning of the year they held a candle sale and have recently had a few bake sales. They plan to tour the fashion market in Montreal while they are there, along with some sight-seeing.
VICA

Row 4:  E. Poor, R. Thompson, J. Paronto, T. Comolli, J. Nelson, Mr. Ingersoll-Adv.
        R. Bellavance-Parl., P. Larrabee
Row 1:  P. Perreault, T. Mekkel, C. Bergeron, S. Lavin, M. Laliberte, R. Bowen
Vocational Industrial Clubs of America
The Christmas Ball
THE STUDENT COUNCIL IS BACK

Brought back by a group of girls headed by Cindy Beltrami, the council has been very active.

In addition to their annual projects, such as, taking charge of the football concession stands and the Christmas Ball, they also contributed $100 to Camp Daybreak and $300 to Our Echo.

STUDENT COUNCIL

Row 1: L. Spear, N. Conti, B. Cary, T. Conti, S. Reid, V. Booth
Varsity S Club

This year the Varsity S Club's main project was sponsoring the Winter Carnival weekend with Canada. The weekend consisted of many sport activities, a pancake breakfast, snow sculptures, and ended with a dance, music by Davis Brother's Garage.
The main project of Key Club this year was to help finance our S.H.S. universal gym. The club ran the concession stand at the basketball games, held car washes, and many members gave blood as a group.
Interact's projects this year included helping at all the blood drawings and putting on Halloween and Christmas parties for the mentally retarded at Lincoln School.
AFS (American Field Service) sponsors American students to live and study abroad and brings foreign students to the U.S.

Geert Viaene, from Belgium, is this year's AFS'er at Spaulding Through the American Abroad program Cindy Bigras spent last summer in Italy, and Therea McGoff is this year's candidate for an AFS summer abroad.

On an individual basis, the AFS'er sees a new country and its people through the eyes of a family and the community... not through the eyes of a tourist. Worldwide, AFS promotes international world peace.
Geert Viaene is a student from Belgium. As a member of AFS he was chosen to spend the 1974-1975 school year in the United States. He now resides on West Hill in Barre, in the home of Linda and George Delano, fellow AFS'ers.

Theresa McGoff has been chosen from our school as a candidate for AFS abroad.
Chess Club

Row 2: L-R: Mark Gagne, Peter Jamele
Row 1: L-R: Douglas Kane- Vice Pres., Michael Rubalcaba- Pres., Christopher Fukuda- Secretary, Mike Schini- Treasurer


Math Club

Row 2:
John Robichaud- Pres.,
Martha Bazluke,
Phil Wilkinson

Row 1:
Michael Rubalcaba,
Becki Minoli,
Rebecca Brock,
Greg Baldor
Chess Club

Math Club

Forensics

Debate Team

Forensics
Row 2: Theresa McGoff, Mr. Casey
Row 1: Jane Morale, Mary Finneran,
       Monica Jacques, Nelson Lord

Debate Team
Row 1: Mary Finneran, Mr. Casey, Nelson Lord
CONTESTANTS

Cindy Beltrami
Jane Duranleau
Debbie Roy
Marty Bazluke
Becky Brock
Debbie Wolfe
Kelly Constantine
Mary Ellen Salvador
Monique Routhier
Deanna Hayford
Sue Letter
Laurie Duranleau
Carolyn McLeod
Linda Delano
Lucinda Kennedy
Bev Butler
Sylvia LaRouche
Julie Ann Monty

Cindy Beltrami - Junior Miss Queen of 1975
Debbie Roy-2nd Runner-up  Cindy Beltrani-Winner
Jane Duranleau-1st Runner-up
2nd Semester Office Aides

2ND. SEMESTER OFFICE AIDES
Row 3: C. Williams, D. Ducharme, A. Ford, L. Gale, L. Gattone, T. Palmisano
Row 2: L. Bubar, J. Gomez, L. Kennedy, N. Berinato, L. Gomez, K. Amet
Row 1: C. Ouellette, L. Delano, J. Monty, K. Whitney, R. Maurice, B. Hoermann
The Sentinel is Spaulding's own student written and printed newspaper. Members of the class of journalism, under advisor James Comley, published the paper monthly during the school year. In March, the size of the Sentinel was increased in order to provide more space for photos and articles. The Sentinel was printed by members of Mr. Freeman printing-graphics class.

SENTINEL STAFF
Row 2:  M. Jacques, B. Ennis, N. Davenport, T. Holland, T. McGoff

Missing:  Mr. Comley-Adv.
Spanish Club


French Club

FRENCH CLUB
National Honor Society

NATIONAL HONOR SOCIETY
Row 1: S. Avery, J. Kvedar, J. Robichaud, G. Baldor.

Hispanic National Honor Society
Row two: M. Schini, S. Manning-Vice Pres., M. Miana-Secretary,
M. Rubalcaba-Pres., E. Vasques-Treasurer, Mrs. Montague-Advisor.
Row one: S. Parnigoni, G. Lord, S. Perreault, D. Merrill, S. Hoag,
T. McGoff.

Hispanic National Honor Society
CAST OF CHARACTERS

Stephanie Newcombe ........ Patti Scrizzi
Judy Parks ........................ Tanya Guatney
Kurt Hines .............•........ Catar Sears
Karen Mathews .. . .............. Jennifer Roberts
Mrs. Oldac ............• .. ... . ..... Julie Thivierge
Mrs. Newcombe ...• ............ Lisa Drake
Rudolph ..................•......... Jon Noyes
FBLA
Row 2: D. Smith, D. Martineau, L. Duranleau, J. Henry, C. Stuart, T. Parks, D. Hayward,
Missing: M. Goulet-Pres.

DECA

Mary Ellen Salvador, State President of D.E.C.A., and Sylvia LaRouche, Reporter of F.B.L.A., are shown here with Governor Salmon.
DECA

Row 1: M. Crete, L. Cotnour. A. Lange

Future Business Leaders

of America
The Bald Soprano
Anti-Play
by Eugene Ionesco

The Cast
Jennifer Roberts
Bob Cary
Donna Morris
Norman Rouleau
Sue Letter
Geert Vianne

Directed by Joseph Kvedar

Best Actor - Robert Cary
for his part in
"The Bald Soprano"
Best Actress - Sylvia LaRouche
for her part in
"The Perfect Puppet"

The Perfect Puppet
Written by Theresa McGoff with quotes from Jesus Christ, Superstar.
Cast of Characters
Woman Sylvia LaRouche
Man Bruce Lyndes
Figure Debbie Dindo
Voices
Eulalie Patti Scrizzi
Sam Norman Rouleau
Ann Kathi Scrizzi
Bob Randy McKnight
Son Norman Rouleau
Whispers Everyone

"... Miss McGoff handled the
direction expertly

The Times - Argus
Thursday March 13, 1975

To an artist dying young-
Would you say it is
Wonderful to live?
i say i would rather be dead...
T. M.
We would like to give special thanks to Randy McKnight for doing the lights for all the plays.
Sidetracked

Directed by Paul Charron

Mrs. Peterson
Jim Peterson
Mr. Peterson
Marion Hartly

The Cast

by Carl Albert

Julie Welch
Greg Lissor
Nick Conti
Monica Jacques
This year's Drama Club presentations included, TEAR ALONG THE DOTTED LINE, and the four ONE ACT PLAY COMPETITION. This was the first year in Spaulding's history that every play entered in the competition was student directed. THE BALD SOPRANO, directed by Joe Kvedar, was selected to go on to compete in the District Competition held here at S.H.S. It was here they won the right to go on and compete in the Regional Competition held in White River, Vt.
WINTER
CARNIVAL
WEEKEND
Winter Carnival activities with Snow Sculptures and a Pancake Breakfast
WINTER CARNIVAL

WRESTLING

IN

OUR

S.H.S. GYM
SENIOR CLASS OFFICERS

Row 2: Mr. Poirier-Adv., Mr. Casey-Adv.

CLASS OF 1975

The Senior Class presented a successful play called 'The Wizard Of Boz'. From this play and the candle sale our Freshman year they donated a thousand dollars to make this Yearbook possible.

Ken Free looks over Mr. Pinard, as he is helping Ken with his chemistry.

Sara Avery, Jane Robichaud and John Robichaud enjoy a peaceful meal in the Carriage Room.
This school year, the Junior class put on one of the greatest dances Spaulding has ever had. The enthusiasm of the students and the band "Stone Cross" surely made the dance a success. The Juniors made over one thousand dollars, to top it off!
CLASS OF 1977

This year the Class of 1977, (otherwise known as the silly - silly sophomores) gained the right to wear their class rings.

SOPHMORE CLASS OFFICERS

Row 2: Mrs. Spada-Adv., Mr. Welch-Adv.
Row 1: J. Martel-Pres., E. Johnson-Sec.,
Jeff Sanborn-V.Pres.
CLASS OF 1978

Besides participating in various activities throughout the school year the freshman class took an active part in the Freshman Reception and especially, Slave Day!

FRESHMAN CLASS OFFICERS

Row 3: Mr. Blow—Adv.
Row 2: T. Blow, Mr. Burt—Adv. Mr. Issler—Adv., L. Spear
Row 1: B. Pellow, H. Rackliff
The art work on page 1 was done by Darlene Chatot. Other artwork throughout the book was done by Sue Sanderson and Tanya Guatney.

Debi Ducharme - Lay-Out Editor

Diane LaPrade - Business staff

Chris Bergeron
Darkroom staff and Photography

Robin Rossi - Copy Editor
John Martel - Lay-out

Tanya Guatney - Layout staff, Artwork

Chuck Campbell - Darkroom staff and Photography

Jody Buttura - Lay-out staff

missing;

Julie Thiverge - Sports Editor
Marty Bazlue - Lay-out staff
Mary Roy - Business staff
Tanya Rugo - Darkroom staff
Steve Sawyer - Lay-out staff
Steve Miller - Darkroom staff and Photography

ECHO

Larry Liese - Darkroom staff

Sue Perreault - Lay-out staff, Advertising
The support of the following patrons and sponsors, enabled us to cover our many school activities

THANK YOU PATRONS & SPONSORS

Barre Granite Association
Capital Candy Company, Inc.
Chet Callahan Photo Studio
National Life of Vermont
SHS Bookstore
SHS Key Club

Good Luck, Class of '75,
SHS Student Council
The Juniors, '76
Class of '78
Anderson - Friberg Company, Inc.
Berg, Carmolli, & Kent, Inc.
Capital Stationer's
Buttura & Sons, Inc.
Coca-Cola Bottling Company of Barre, Inc.
David Hine Interiors
E.F. Wall & Association, Inc.
First Vermont Bank & Trust Company
Granite Mutual Insurance Company
Granite Savings Bank
Interact
J.W. Dillon Insurance
Lash Furniture
L.D. Hutchins Insulation Company
Merchants Bank
Ormsby's T.V. and Appliance, Inc.
Rossi Buick-Oldsmobile Company
Rock Of Ages Corporation
Smith, Whitcomb & Cook
Sprague Electric
The Homer Fitts Company
Twin City Transit
FLOWERS BY BERGERON
GAS COMPANY OF VERMONT
GRANT CITY
GREEN MOUNTAIN LINCOLN -- MERCURY', INC.
H. A. COUILLARD EXXON
HOOKER FUNERAL SERVICE', INC.
HOOKER'S WAYSIDE FURNITURE
LACROSS MEMORIALS, INC.
MONTE & MONTE
MONTPELIER NATIONAL BANK
MR. & MRS. ERNEST BANCROFT
NELSON BROTHERS, INC.
PARNIGONI BROTHERS, INC.
PERRY AUTOMOBILE COMPANY, INC.
PERRY MEDICAL CLINIC, INC.
RICHARD J. WOBBY, JEWELERS
RINKER'S SERVICE STATION
SIR SPEEDY INSTANT PRINTING CENTER
STEVIE GEORGE DAIRY, DEL ROY ( PROPRIETOR )
THE TIMES--ARGUS
THYGESEN CONSTRUCTION COMPANY
TWIN CITY AUTO PARTS, INC.
VERMONT TELEVISION CORPORATION
WARK BROTHERS, INC.
A FRIEND
AL--AN'S OFFICE EQUIPMENT
AVERILL'S PLUMBING, HEATING,
Hardware, Hobbies, & Engraving
BARRE DRY CLEANSING COMPANY
BARRE ELECTRIC COMPANY
BARRE TV SERVICE COMPANY
BECK & BECK, INC.

B &L TIRE COMPANY, INC.
BROWN'S PHARMACY, INC.
BRYANT--DAIRY, CORP.
BOOTH BROTHERS DAIRY
CHIOLDI GRANITE CORP.
CLARK'S TRANSFERRING SERVICE, INC.
C. O. GRANAI, JR., M.D. DIRK ROMEYN, M.D.
CONGRATULATIONS FROM THE CLASS OF 77
COOK, WATKINS & PATCH, INC.
COUILLARD'S HEATING OILS, INC.
COUNTRY HOUSE RESTAURANT, = INC.
DR. & MRS. ARSEN MELKONIAN
DREW & LYNE, INC.
E. V. REYNOLDS, M.D.
F. H. ROGERS
Reginald T. Abare  
Allen Lumber Company  
Allen Milne  
Dr. L. Anders  
W. E. Aubuchon Hardware  
Barberi Dress Shop  
Barre Home Supply  
Bellavance & Sons, Inc.  
Boisvert Shoe Repair  
Calder Richardson, Inc.  
Calmont Beverages Company, Inc.  
Dr. A. C. Cassani  
Central Market  
Conti's Heating Oils  
Conti's Modern Cleaners  
Consolidated Memorials, Inc.  
Cormier's Beauty Studio  
Dave's Exxon Service Center  
Debois & Sons Color Center  
Del's Pizza  
Denis Restaurant  
Dessureau Machines, Inc.  
D.M. Miles Coal Co.  
Endicott - Johnson Shoe Store  
Flowers by Emslie & Company  
Frattini Insurance Agency  
Mr. C's Dairy Bar  

C. O. Granai, Attorney - At - Law  
Granite City Tool Company of Vermont  
Goodfellows Jewelers  
Green Mountain Power Corp.  
H & R Block  
Harvard Clothes  
Hill - Martin Corp.  
Howard's Friendly Markey  
Howe Cleaner's Inc.  
Jackson Dairy, Inc.  
Jerry's Hairstylist  
Joe's Market  
Johnson Paving Company  
Lamell's Home Appliance Service  
Lamson Surgical Supply Company, Inc.  
Lavoie's Grocery  
Letter Granite Company, Inc.  
Malden Mills - Barre Division  
Malnati Dry Cleaners  
Mid - Town Chrysler - Plymouth  
Milady's Shoppe  
Montpelier & Barre Railroad Company  

J. J. Newberry Company  
North End Motors  
Paige & Campbell, Inc.  
Peter Glass Pharmacy  
Paul's Gulf Station  
Quality Market  
Red Clover Gift Shop  
Red Cross Pharmacy  
R. L. Clark  
Rock Appliance, Inc.  
Rogers Boot Shop  
Dr. Donald Sherman  
Sir Anthony Motel  
Town Shop, The  
Twin City Lanes  
Twin City Motel  
Trow & Holden Company, Inc.  
Venetian Restaurant, The  
Vermont Music  
Vic's Pizza and Sub Shop  
Warner - Turner Supply  
Whelan Drug Store  
Whitcomb's Inc.  
Youth Centre
LIVE
IS THE WINE OF THE DIVINE INTOXICATION
IT TRANSFORMS YOU FROM A DEAD BEING INTO A LIVING BEING.

IT QUICKENS YOU TO BE ABLE TO
SEE WHERE YOU CANNOT SEE
FEEL WHERE YOU CANNOT FEEL
DISCOVER JOY WHERE YOU COULD NOT DISCOVER JOY

IT IS SEEKING & THEN FINDING THE DIVINE BELOVED
EVERYWHERE.

OUTSIDE
THERE IS NO OUTSIDE
INSIDE
THERE IS NO INSIDE

ONCE THE HEART HAS BECOME
THE OCEAN OF LIFE
IT ACCOMODATES ALL THINGS & ALL BEINGS.